

Name: _____

1 Complete the text. Use the past simple form of the verbs in brackets.

It was my birthday yesterday. I ¹ _____ (want) to do something different, so my friends and I ² _____ (go) karting. We decided to have a race. I ³ _____ (start) really fast, but I ⁴ _____ (not win). In fact, I ⁵ _____ (come) last. I ⁶ _____ (not be) upset because I ⁷ _____ (have) such a good time! Afterwards, Dad ⁸ _____ (take) us to Mario's Pizzeria. The chef ⁹ _____ (make) a special pizza for me. I really ¹⁰ _____ (enjoy) my birthday!

2 Read the descriptions below and write the sports.

- 1 It's a winter sport. Two teams compete. It's popular in Canada. i _ _ _ _ _
- 2 It's an indoor sport. It isn't a combat sport. The strongest person wins. w _ _ _ _
_ _ _ _ _
- 3 It's a combat sport. Two people fight. They wear gloves. b _ _ _ _
- 4 It's a team sport. Women and girls play it. It's similar to basketball. n _ _ _ _
- 5 It's a summer and winter sport. There are different events. People run, jump or throw things.
a _ _ _ _ _

3 Complete the sentences with the words below. There are two words you do not need.

champion compete competitors course match record tournament

- 1 She's the winner! She finished the _____ in one minute and thirty seconds.
- 2 The Wimbledon tennis _____ takes place every year in June and July.
- 3 In the ski jump, the skiers _____ to see who can jump the furthest.
- 4 The ski jump world _____ was broken by a Norwegian skier. He jumped 246.5 metres.
- 5 The race starts in a minute. All the _____ are at the start line.

4 Complete the text. Use the past simple or past continuous form of the verbs in brackets.

It was an exciting day at the school sports day at the beach last Friday. It was eleven o'clock and I was in the water. I ¹ _____ (swim) in the 800-metre race, and I was in first place. Lots of people ² _____ (watch) the race and they ³ _____ (shout) my name: 'Carl! Carl!' Suddenly, I ⁴ _____ (realise) they ⁵ _____ (say) something different. It ⁶ _____ (sound) like 'Shark! Shark!' I ⁷ _____ (look) over my shoulder and ⁸ _____ (see) an enormous shark. Then I really ⁹ _____ (swim) fast! I think I ¹⁰ _____ (break) the world record!

5 Complete the sentences with the words below. There is one word you do not need.

floating paddle shore splash surface waves

- 1 I like going to the beach, but I never swim far from the _____.
- 2 Be careful! The water looks deep, but there are rocks just below the _____.
- 3 I'm going kayaking at the weekend. I'm going to _____ across the lake.
- 4 Yuck! There's a dead frog _____ in the swimming pool.
- 5 I love the sea and I like watching the _____ when the weather is stormy.

6 Complete the dialogue with the correct word from the three options.

Diane Hi Ben! **How / What / Where** ¹ was your weekend?

Ben All right. I went away with some friends.

Diane Cool. Where did you go?

Ben We went camping, but it rained all weekend. What **about / for / with** ² you?
What did you **do / get / go** ³ up to?

Diane Oh, **nothing / too / very** ⁴ much. I cooked dinner for my family on Saturday, and on Sunday I just studied.

Ben **Actually? / Isn't it? / Really?** ⁵ Why?

Diane Well, we've got a chemistry exam today.

Ben Oh no!

7 Complete the text. Use the past simple form of the verbs in brackets.

Yesterday it was my little brother's birthday. We ¹ _____ (prepare) a picnic with Joey's favourite food and our parents ² _____ (take) us to the beach. Joey ³ _____ (not want) to swim, so we ⁴ _____ (play) beach volleyball. Mum and I ⁵ _____ (win), but Joey ⁶ _____ (not be) upset because we ⁷ _____ (have) a good time. Afterwards, we ⁸ _____ (go) to the cinema to see the new Disney film. A lady at the cinema ⁹ _____ (give) Joey a Mickey Mouse balloon. I think he ¹⁰ _____ (enjoy) his birthday!

8 Read the descriptions below and write the sports.

1 It's a team sport. It's popular in the UK and Australia. The players wear white.

c _ _ _ _ _

2 It's a team sport. It's similar to basketball. Women and girls play it. n _ _ _ _ _

3 It's an outdoor sport. Teams race in boats on rivers or lakes. r _ _ _ _ _

4 It's a water sport. It's popular in the USA and Australia. People ride waves in the sea.

s _ _ _ _ _

5 It's an indoor sport. It's a combat sport. People wear masks and fight with swords. f _ _ _ _ _

9 Complete the sentences with the words below. There are two words you do not need.

champion	compete	competitors	course	match	tournament	world
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1 Usain Bolt broke the _____ record for the 200-metre sprint.

2 At the end of the race, all the _____ were really tired.

3 He's the _____. He completed the triathlon in one hour and thirty minutes. That's an excellent time.

4 The golf _____ takes place every year in April.

5 In the long jump, the athletes _____ to see who can jump the furthest.

10 Complete the text. Use the past simple or past continuous form of the verbs in brackets.

We were all at the beach last Saturday at half past two. Our friend Carl was in the water. He ¹ _____ (compete) in the surfing tournament and he was in first place. Lots of people ² _____ (watch) the tournament and they ³ _____ (shout) his name: 'Carl! Carl!' Suddenly, he ⁴ _____ (realise) they ⁵ _____ (say) something different. It ⁶ _____ (sound) like 'Shark! Shark!' He ⁷ _____ (look) over his shoulder and ⁸ _____ (see) an enormous shark. It ⁹ _____ (swim) towards him. Carl ¹⁰ _____ (come) out of the water really fast. It was really scary.

11 Complete the sentences with the words below. There is one word you do not need.

floating paddle shore splash surface wave

1 I'm going surfing on Saturday. I'm going to ride a huge _____ !

2 There's a lot of rubbish _____ in the swimming pool. Yuck!

3 I love the sea, and I like going for long walks along the _____ .

4 Don't go too close to my brother. He thinks it's funny to _____ you with cold water.

5 Don't dive into the water from here. There are rocks just below the _____ .

12 Complete the dialogue with the correct word from the three options.

Chris Hi Ella! How was your weekend?

Ella It was OK.

Chris What did you get **in / on / up** ¹ to?

Ella I went **away / off / out** ² for the weekend with some friends. We went hiking, but it rained. What **about / for / with** ³ you? What did you do?

Chris Oh, nothing **at all / much / very** ⁴. I played computer games and I studied.

Ella **Actually? / Isn't it? / Really?** ⁵ Why?

Chris We've got a history test today.

Ella Oh no!