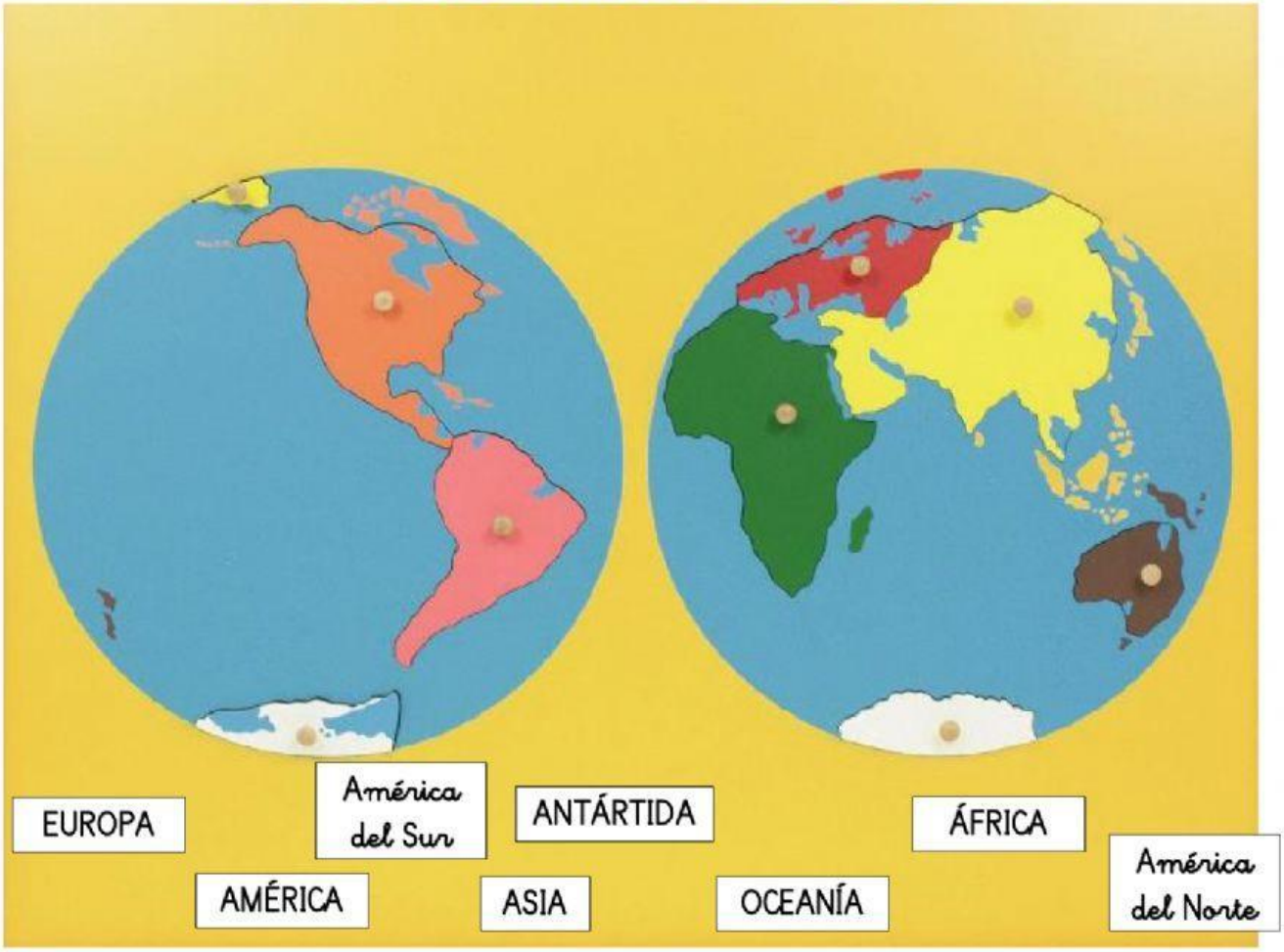LOS CONTINENTES DEL MUNDO