

GOOD HABITS FOR A HEALTHY LIFE

7º A AND B

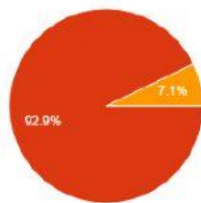
ANALYSING SURVEY DATA

• SLEEP



HOW OFTEN DO YOU GO TO BED LATE?

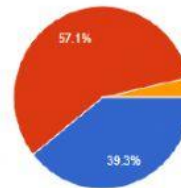
28 respuestas



● ALWAYS
● SOMETIMES
● NEVER

HOW OFTEN DO YOU SLEEP 8 HOURS?

28 respuestas



● ALWAYS
● SOMETIMES
● NEVER

92.9% OF STUDENTS

GO TO BED LATE.

39.3% OF STUDENTS

SLEEP 8 HOURS

7.1% OF STUDENTS

TO BED LATE.

57.1% OF STUDENTS

SLEEP 8 HOURS.

3.6% OF STUDENTS

SLEEP 8 HOURS.

- DO STUDENTS IN YEAR 7 **SLEEP WELL?** (WELL: BIEN)

YES, THEY DO. / NO, THEY DON'T.



• EXERCISE AND SPORT



DO YOU PRACTISE SPORTS OR DO EXERCISE?

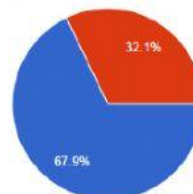
28 respuestas



● YES, I DO.
● NO, I DON'T.

HOW OFTEN DO YOU PRACTISE SPORTS OR DO EXERCISE?

28 respuestas



● ALWAYS
● SOMETIMES
● NEVER

(ALL: TODOS) ALL STUDENTS

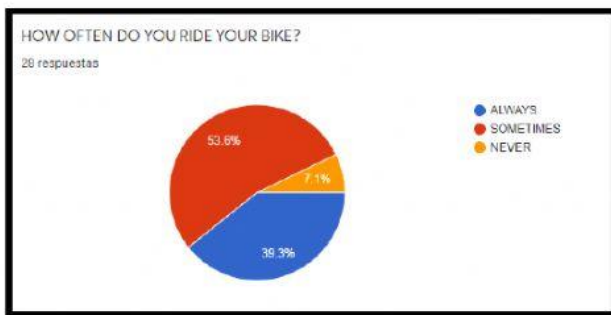
SPORT OR EXERCISE.

67.9% OF STUDENTS

DO SPORT OR EXERCISE.

32.1% OF STUDENTS

DO SPORT OR EXERCISE.



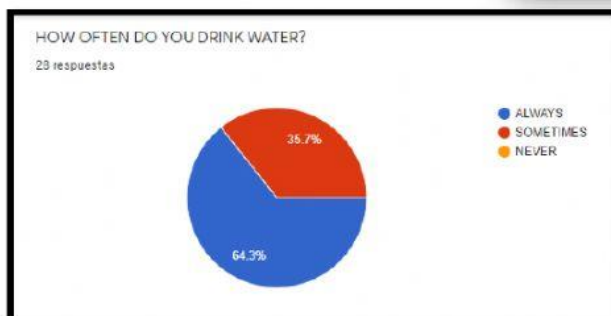
39.3% OF STUDENTS RIDE THEIR BIKES.
 53.6% OF STUDENTS RIDE THEIR BIKES.
 7.1% OF STUDENTS THEIR BIKES.

- DO STUDENTS IN YEAR 7 DO **ENOUGH EXERCISE?** (ENOUGH: SUFICIENTE)

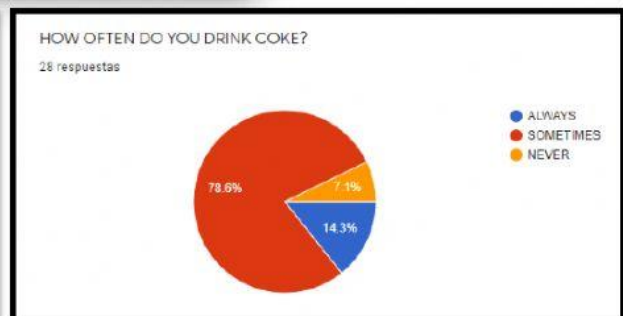
YES, THEY DO. / NO, THEY DON'T.



• EATING HABITS



64.3% OF STUDENTS DRINK WATER.
 35.7% OF STUDENTS DRINK WATER.



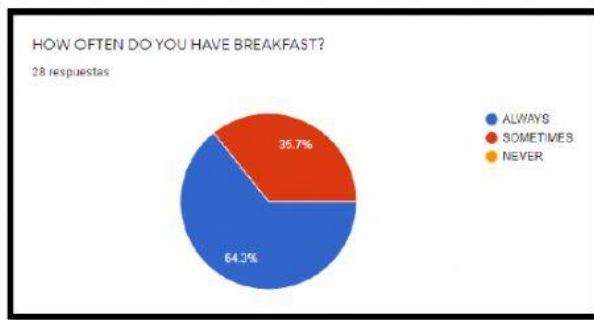
78.6% OF STUDENTS DRINK COKE.
 14.3% OF STUDENTS DRINK COKE.
 7.1% OF STUDENTS COKE.



39.3% OF STUDENTS EAT FRUIT AND VEGETABLES.
 57.1% OF STUDENTS EAT FRUIT AND VEGETABLES.
 OF STUDENTS NEVER EAT FRUIT AND VEGETABLES.



(ALL: TODOS) ALL STUDENTS FAST FOOD.
 10.7% OF STUDENTS EAT FAST FOOD.
 89.3% OF STUDENTS EAT FAST FOOD.



(ALL: TODOS) ALL STUDENTS

BREAKFAST.

35.7% OF STUDENTS

HAVE BREAKFAST.

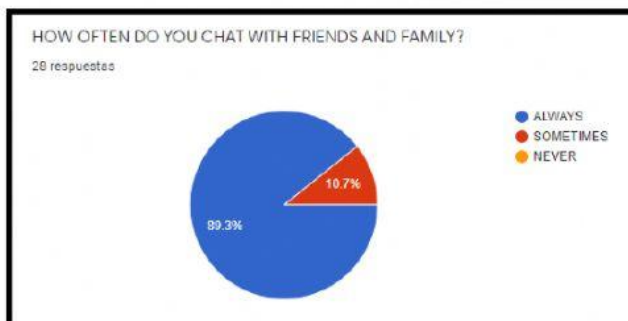
64.3% OF STUDENTS

HAVE BREAKFAST.

- DO STUDENTS IN YEAR 7 **EAT HEALTHILY**? (HEALTHILY: DE MANERA SALUDABLE)
YES, THEY DO. / NO, THEY DON'T.



• SOCIAL LIFE



10.7% OF STUDENTS

CHAT WITH FRIENDS AND FAMILY.

89.3% OF STUDENTS

CHAT WITH FRIENDS AND FAMILY.

- DO STUDENTS IN YEAR 7 HAVE A **HEALTHY LIFE**? (HEALTHILY LIFE: VIDA SALUDABLE)
YES, THEY DO. / NO, THEY DON'T.

