

NAME:

DRAG THE WORDS TO THE CORRECT PLACE

ACID

FLOSS

BACTERIA

SUGAR

MOUTHWASH

TOOTHBRUSH

TOOTHPASTE

PLAQUE

HARMFUL THINGS IN THE MOUTH	DENTAL HYGIENE PRODUCTS

ARRANGE THE SENTENCES INTO THE RIGHT COLUMN OF THE CHART

- CUT DOWN ON SUGAR
- DO NOT SHARE YOUR TOOTHBRUSH
- BRUSH YOUR TEETH AT LEAST TWICE A DAY
- DO NOT LEAVE BACTERIA TO ACCUMULATE
- REMOVE PLAQUE BY BRUSHING AND FLOSSING

- VISIT THE DENTIST REGULARLY
- REPLACE YOUR TOOTHBRUSH EVERY 3 MONTHS
- USE TOOTHPASTE WHICH CONTAINS FLUORIDE
- DON'T EAT SUGARY FOOD
- EAT FRUIT, VEGETABLES, MILK AND WATER
- USE MOUTHWASH

GOOD HABITS FOR ORAL HEALTH	THINGS TO AVOID FOR A GOOD ORAL HEALTH

