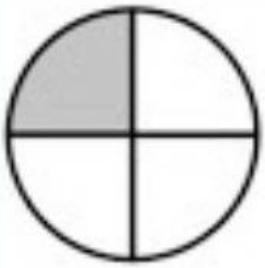
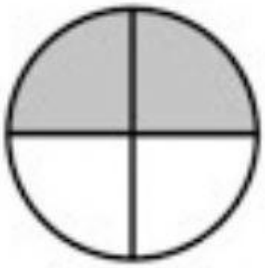
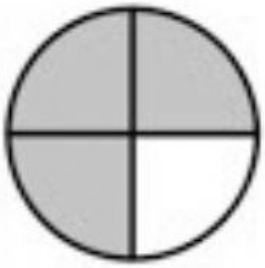
What is the fraction of the shaded part?

 $\frac{1}{4}$	___
___	___
 ___	 ___
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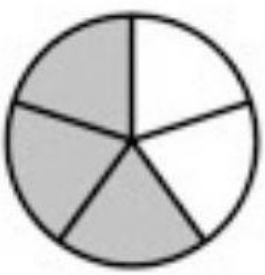
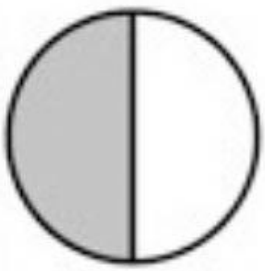
 ___	 ___