

For or Since?

❖ We often use “for” and “since” when talking about time.

“FOR” is used to talk about a period of time. (for example: for three years)

“SINCE” is used to talk about a point in time (for example: since 1997)



★ Look at the time words and expressions in the box.

★ Put them in the correct column.

Last night – 10:30 – a day – a couple of weeks – July 10th – ages –
three months – a long time – I was 8 years old – 1973 – an hour –
last summer – Friday night – a decade – ten minutes- yesterday –
this morning – a moment – lunch time – the Second World War –
24 hours – a few minutes – six o'clock – a week – winter –
a century – Christmas – 25 years

FOR	SINCE

CHALLENGE: CHOOSE 4 TIME WORDS OR EXPRESSIONS
AND USE THEM IN SENTENCES!

REMEMBER TO USE "FOR" OR "SINCE"

You can do it in the instructions!!