

Comparing present simple and present continuous.

Tense helps us to understand **when** the action happens.

Present Simple



Someone does something frequently (more than one time.)

Present Continuous



Someone is doing something now. (The action is not finished.)

Positive	
I brush my hair every day.	I am brushing my hair now.
She brushes her teeth frequently.	She is brushing her teeth at this moment.
They brush their hair sometimes.	They are brushing their hair this afternoon.
Negative	
I do not brush my hair on weekends.	I am not brushing my hair now.
She does not brush her teeth sometimes.	She is not brushing her teeth this morning.
They do not brush their hair often.	They are not brushing their hair at the moment.
Question	
Do I brush my hair every day?	Am I brushing my hair this morning?
Does she brush her teeth often?	Is she brushing her teeth now?
Do they brush their hair everyday?	Are they brushing their hair at the moment?

What is the tense?

Click on the tick in the correct column.

	Present Simple	Present Continuous
They walk the dogs on Fridays.	✓	✓
He is sitting in the kitchen this morning.	✓	✓
Today I am eating my apple.	✓	✓
She wears long, red, pants.	✓	✓
Am I reading an email at the moment?	✓	✓
Every day I catch the bus to TAFE.	✓	✓
He does not walk to school.	✓	✓
They are planting a garden this week.	✓	✓
She is not sleeping right now.	✓	✓
Are they riding to work today?	✓	✓
I wake up at 6am every day.	✓	✓

Finish the sentence by typing in the correct word/s.

1. On Fridays I _____ (walk) to TAFE.
2. Every weekend she _____ (swim) at the Aquatic Centre.
3. Right now she _____ (talk) on her phone.
4. He _____ (catch) the bus every weekend.
5. I _____ (sleep) in my bed at night.
6. They _____ (cook) breakfast at the moment.
7. He _____ (buy) clothes today.
8. They _____ (run) in the park every weekend.
9. We _____ (learn) English this year.
10. Gillian _____ (work) at TAFE on Mon, Wed, Thur and Fri.