



TEST 28

THE SECOND TERM TEST No 1

Part 1
ListeningQuét mã
QR để nghe

Listen and fill in the blank with a word from the box.

pilot dentist shop assistant tour guide nurse

1. Speaker A works as a _____.
2. Speaker B works as a _____.
3. Speaker C works as a _____.
4. Speaker D works as a _____.
5. Speaker E works as a _____.

Part 2
Pronunciation

Choose the letter A, B, C or D to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

1. A. breathtaking B. polluted C. forbidden D. affordable
2. A. artisan B. attraction C. attendance D. determine
3. A. fluent B. language C. explore D. massive
4. A. immersion B. dominance C. dialect D. stimulate
5. A. unfortunate B. competitive C. communicate D. opportunity

Part 3
Vocabulary
and grammar

Choose the letter A, B, C or D to indicate the correct answer to each of the following questions.

1. This is the man _____ car was stolen yesterday.
A. whose B. which C. that D. whom
2. Can you help me? I need _____ information.
A. some B. little C. a few D. few
3. My mother doesn't mind _____ hard to achieve her career goals.
A. work B. to work C. working D. worked
4. If she _____ here, she would give you some useful advice.
A. be B. is C. will be D. were

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5. My grandparents' house _____ yesterday.
A. repaired B. is repaired C. was repaired D. were repaired

6. I don't have a computer at home, _____ I can't get access to the Internet.
A. however B. so C. although D. but

7. These villagers used _____ baskets to earn a living.
A. to weave B. wove C. weaves D. to weaving

8. We have to try harder so that our handicrafts can keep _____ theirs.
A. on B. up C. up with D. up down

9. Air _____ is a serious problem that we have to address.
A. pollution B. polluted C. pollute D. pollutant

10. Computers offer a much greater degree of _____ in the way work can be organised.
A. flexible B. flexibility C. flexibly D. inflexible

Part 4
Reading

Choose the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.

There are as many kinds of careers as there are people. They vary greatly in the type of work involved and in the ways they have an influence on a person's life. The kind of career you have can (1) _____ your life in many ways. For example, it can determine (2) _____ you live and the friends you make. It can reflect how much education you have and can determine the amount of money you (3) _____. Your career can also affect the way you feel about yourself and the way other people act toward you. By (4) _____ wise decisions concerning your career, you can help yourself build the life you want. (5) _____ you know about yourself and career opportunities, the better you will choose a job.

1. A. affect B. effect C. make D. take

2. A. which B. who C. where D. whom

3. A. learn B. earn C. live D. do

4. A. doing B. taking C. building D. making

5. A. A lot of B. More C. The most D. The more

Read the passage and choose the letter A, B, C or D to indicate the correct answer to each of the following questions.

Eating a balanced diet means choosing a wide variety of foods and drinks from all the food groups. It also means eating certain things in moderation, namely saturated fat, cholesterol, refined sugar, and salt. The goal is to take in nutrients you need for health at the recommended levels. Your balanced diet must be planned at your own calorie level, and portion size is key. You want to get the most nutrients for the calories by choosing food with a high-nutrient density. Nutrient-dense foods provide substantial amounts of vitamins and minerals and relatively few calories, such as fresh fruit and vegetables, lean meat and fish, and whole grains and beans. Low-nutrient dense foods have few vitamins but lots of calories, such as candy bars, soda, donuts and onion rings. Necessary to the building, maintenance, and repair of body tissue like our skin, muscles, and internal organs, proteins are the major components of our immune system and hormones. When choosing protein-rich foods, pay attention to what else you are getting with that selection. Foods that are high in saturated fats will raise your blood cholesterol levels putting you at risk of heart disease or stroke. Vegetable sources of protein, such as nuts, beans, and whole grains are great choices and offer vitamins, minerals and healthy fibers. The best protein choices are poultry and fish. For those who love red meat, you should stick with the leanest cuts, choose moderate portion sizes, and make it only an occasional part of your diet. Developing healthy eating habits is not as confusing or as restrictive as you may imagine. The first principle of a healthy diet is simply to eat a wide variety of foods. This is important because different foods make different nutritional contributions. Fruits, vegetables, grains, and legumes-foods high in complex carbohydrates, fiber, vitamins, and minerals, low in fat and free of cholesterol- should make up the bulk of the calories you consume. The rest should come from low-fat dairy products, lean meat and poultry, and fish.

6. A balanced diet is the one which is _____.

A. tasty B. nutritious C. healthy D. B and C are correct

7. Candy bars and donuts _____.

A. have a lot of calories B. are high in vitamins
C. belong to nutrient-dense foods D. have no calories

8. Fruits and vegetables are rich in _____.

A. carbohydrates and fats B. vitamins and fats
C. fats and protein D. carbohydrates and vitamins

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9. The best protein choices are _____.

- A. fish and poultry
- B. vegetables and fruits
- C. grains
- D. pizza

10. Which is NOT true according to the passage?

- A. Eating foods that are high in saturated fats can make you face health problems.
- B. Vegetables are high in fiber.
- C. The first principle of a healthy diet is that we should eat vegetables and grains instead of fish and meat.
- D. Grains and beans belong to nutrient-dense foods.

Part 5
Writing

Finish each of the following sentences in such a way that it means the same as the original sentence.

1. "You'd better not lend that woman money, Lisa", said Peter.

→ Peter advised _____.

2. Although he took a taxi, my friend arrived late for the concert.

→ Despite _____.

3. I don't have a new car.

→ I wish _____.

4. My brother teaches English well.

→ My brother is a _____.

5. They grow rice in tropical countries.

→ Rice _____.

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