







FREQUENCY ADVERBS

Frequency adverbs describe how often something happens.

Frequency	adverb	Subject + Adverb + Main Verb
	always	I always take a shower in the morning
	usually	You usually get good marks.
	Sometimes	They sometimes go to the cinema.
	rarely	I rarely go to the beach in winter.
	never	Vegans never eat meat.


Place adverbs of frequency before the verb.

Let's talk and write!



How often do you drink wine? I never drink wine.

How often does your mother make a cake? She _____.

How often do you go to the cinema? I _____.

How often does your sister play with you? She _____.

OTHER EXPRESSIONS OF FREQUENCY

once
twice
three times
four times

a

day
week
month
year

every

morning/evening/night
Monday/Sunday
day/week/month/year
Summer/Spring



Place these expressions at the end of the sentence.

She goes to the theater **once a month**.

I exercise **four times a week**.

I eat pizza **every week**.

They go on holiday **every year**.

Let's talk and write!



How often do you eat pasta? I eat pasta twice a week.

How often does your mum cook? She _____.

How often do you tidy your room? I _____.

How often do you go have a shower? I _____.