

# PRESENT SIMPLE AND PRESENT CONTINUOUS

We use the **present simple** to talk about things we do every day, and we use it with these time expressions:

- always / usually / sometimes / often / never
- once / twice / three times a day/ a month / a year
- every day
- on Monday / Tuesday / Saturday

In affirmative sentences, we have to write an "s" when the subject is he/she/it:

I sometimes **play** the piano.

You / We / They **work** five times a week.

He / She / It usually **goes** to the park.

In negatives and questions we have to use the auxiliaries "do" and "does":

I **don't** play the guitar.

He/She/It **doesn't** go to the shopping center.

You / We / They **don't** work at the weekend.

**Do** I / you / we / they have coffee for breakfast?

**Does** he / she / it listen to music every day?

We use the **present continuous** to talk about the things we are doing at the moment of speaking and we use it with these time expressions: now, today, right now, at the moment.

To form the present continuous we have to use the verb "be" and a verb with -ing.

I **am writing** at the moment. I **am not reading**.

You / We / They **are playing** boardgames. You / We / They **aren't studying**.

He / She / It **is running** fast. He / She / It **isn't playing** with the ball.

**Are** you / we / they **listening** to the teacher?

**Is** he / she / it **sitting** on the sofa?

**DON'T FORGET  
THE VERB "BE"!!**

## Let's practise now!

### Choose the correct options.

- 1 Harry and Lucy go / are going on a school trip.
- 2 I often do / am doing my homework in the living room.
- 3 He doesn't go / isn't going ice-skating every day.
- 4 Do they climb / Are they climbing at the moment?
- 5 Jenny gets up / is getting up late on Saturdays.
- 6 The dog doesn't sleep / isn't sleeping now.

### Put the verb in the correct tense, Present simple or Present continuous.

- 1 Georgia \_\_\_\_\_ (clean) her teeth every morning.
- 2 We \_\_\_\_\_ (have) our breakfast now.
- 3 It \_\_\_\_\_ (not rain) at the moment.
- 4 He often \_\_\_\_\_ (hike) in the spring.
- 5 They \_\_\_\_\_ (rollerblade) in the park now.
- 6 She never \_\_\_\_\_ (watch) TV after 10 p.m.
- 7 He \_\_\_\_\_ (study) every day.
- 8 I \_\_\_\_\_ (visit) my grandma today.