



TRADING AGES



1. Introduction

You are going to watch a short clip from a BBC documentary 'Trading Ages' in which two young people find out how it feels to be old.

Complete the text below with **one** word or number from the list in each space.

eyesight	29	73	fast-forward	treated	wrinkles
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Take a (1) year old woman and (2) her into her own future. Her (3) deteriorates, her teeth discolour and her skin thins (4)..... and sags. As she comes face to face with herself at (5)....., how will she feel? How will she be (6) ? And will it change her life forever?

Then listen to the introduction to the documentary (0'00" – 0'30") to check.

2. Now watch the next section (0'30" – 2'58"). While you watch Complete this information about Karoline

Hometown:

Job:

Opinion of the elderly:

Lifestyle:

Length of the experiment:



Video worksheet

3. Watch the next section (2'58" – 5'30"). What happens in the clip?

1. Karoline thinks the colour is very typical of an old lady.
2. The workmen her
3. She can't the cars when she's crossing the road.
4. She goes to work for the day in a
5. Nobody in the shop that she is really only 29.

4. (5'30" – end). What is her workmate's advice for a long and healthy life:

Do every morning

Take

Look after your

Cook

5. After watching this clip, how do you think Karoline will change as a result of the experiment?

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6. Optional follow-up:

At home, watch the rest of the clips (in 10 minute sections) on YouTube to see what happens to Karoline. Start here with clip 01.

<https://www.youtube.com/watch?v=awBD1IUvYDY>