

BELT Practice

Listening Comprehension

1. .

1. What is the main topic of discussion?

- A Work
- B Television
- C Exercise
- D Restaurants

2. How long ago did he join the health club?

- A 1 year ago
- B 1 month ago
- C 2 months ago
- D Last week

3. How long does he lift weights for?

- A 30 minutes
- B 45 minutes
- C 1 hour
- D 2 hours

4. What does he usually do before lifting weights?

- A Stretch
- B Walk around
- C Jump rope for 15 minutes
- D Bicycle for 30 minutes

2. .

1. What does Jimmy's friend want to do later?

- A Workout

- Eat lunch
- Sleep
- Play basketball

2. What time do that plan on meeting?

- After dinner
- At 3:30
- Ten in the morning
- After lunch at 1:00

3. What did he do earlier that caused soreness in his legs?

- Lifted weights
- Skiing with friends
- Played soccer all day
- Played basketball

4. Where are they going to meet?

- At Jimmy's house
- At the coffee shop down the street
- By the bus stop
- At the gym

3. .

1. How would you describe Scott?

- Very tall and skinny
- Slender with broad shoulders
- Big and muscular
- Short and fat

2. How long has it been since these two last saw each other?

- 6 months ago
- 10 months ago

- A year and a half ago
- Two years ago

3. How often does Scott go to the gym?

- Never
- Once a month
- Every day for an hour
- Every other day for 3 hours

4. Why does Scott work out so much?

- To get noticeable results
- Because he will be bored
- To enter a competition
- To train for a marathon

4. .

1. What topic are they talking about?

- Weather and rain
- Shopping at the mall
- Comedy movies at the theater
- Sports and activities

2. If they get bored at the mall, what will they do?

- Watch a movie
- Buy a game to play
- Go home and watch TV
- Go to the gym

3. What word is used to describe the weather?

- Amazing
- Depressing
- Great

C Terrible

4. What was mentioned in the weather report?

- C It will stop raining in three days
- C It will stop raining in eight days
- C It will stop raining on Friday
- C I will be sunny over the weekend

5. .

1. What gender is the new baby?

- C A boy
- C A girl
- C Twin boys
- C Twin girls

2. What were the complications mentioned during birth?

- C Had to do emergency C-Section
- C Baby was inverted
- C Baby was stuck
- C No complications

3. What is the guy complaining about?

- C That the baby was not a boy
- C That the baby is too expensive
- C That the baby is sick all the time
- C That he doesn't get enough sleep

4. After the conversation, what will the guy do?

- C Get some sleep
- C Make sure wife and baby are healthy
- C Take the baby to the hospital
- C Go to work to make more money

6. .

1. Why is one person sneezy?

- Seasonal allergies
- Got the flu
- Got a cold
- Ate something and went down the wind pipe

2. What other symptoms are mentioned with allergies?

- Runny nose
- Itchy throat
- Watery eyes
- All of the above

3. What is the other guy allergic to?

- Cat
- Dust
- Alcohol
- All of the above

4. What symptoms does he get from cats?

- Eyes become bloodshot
- Ears become red
- Body starts to itch all over
- None of the above

7. .

1. How many months has Julie been on a diet?

- 1 month
- 2 months
- 3 months

A 6 months

2. How much weight did Julie lose so far?

B 5 pounds

C 15 pounds

D 20 pounds

E 25 pounds

3. What was the main tip Julie got from her trainer?

A Eat less

B Exercise more

C Eat 2 times a day

D Eat 5 times a day

4. Does Julie think Barbara should try this?

A No. Julie thinks Barbara doesn't need to go on a diet

B No. It wouldn't work for someone like Barbara

C Yes. Barbara is much fatter than Julie and needs to go on a diet

D Yes. Barbara is similar to Julie so she should use the same plan

8. .

1. Why did they start talking about dieting?

A They looked at themselves in the mirror

B They need to lose weight for a school dance party

C They saw a skinny girl that was on a diet

D They saw a picture of a skinny model

2. How many different diets has one of the girl been on?

A 1

B 3

C 4

D Too many to count

3. Why is one girl reluctant to go on a diet?

- Does feel she needs to
- Likes to eat ice cream too much
- Just completed one diet and wants a break
- Doesn't think she can benefit from a diet

4. When are they going to start?

- Very soon, probably tomorrow
- Very soon, next week
- Next month after school is over
- During summer break

9. .

1. What country is Cancun in?

- Canada
- Australia
- United States
- Mexico

2. What type of place is Cancun considered from the dialog?

- A big tourist place
- An adventurous place
- A small local city
- A dangerous place

3. How many days are they going to Cancun for?

- 3 days
- 5 days
- 6 days
- 7 days

4. Where does the friend want to go for her honeymoon?

- Canada
- Australia
- United States
- Mexico

10. .

1. What is one possible weakness the Yankees might have from one of the guy in the conversation?

- No other good players besides A-Rod
- The team is too young
- Yankees do not have a good pitching staff
- Many players are injured

2. What team was mentioned as an example of what the Yankees might end up like?

- Seattle Mariners
- Texas Rangers
- Boston Red Sox
- New York Mets

3. What team tickets were sold out and are the most popular to watch?

- Seattle Mariners
- Texas Rangers
- Boston Red Sox
- New York Yankees

4. What sport are the talking about?

- Baseball
- Basketball
- Football
- Soccer

11.

1. What is the sport they are talking about?

- Baseball
- Basketball
- Football
- Soccer

2. Comparing baseball and football, which one is more fun?

- Baseball
- Football
- Both are equally fun
- Too different to compare

3. What does the corner back do?

- Main guy in offense
- The guy next to second base
- Defensive player covering passing plays and outside running plays
- The guy who shoots the ball

4. Why does one guy not follow football at all?

- Has no interest in the game
- Never understood the game
- Got hurt in high school and avoided it since
- Boring to watch