

Read the Reading strategy. Then choose the correct answer a, b or c.

UNSTOPPABLE

1 THE CYCLIST

In 1976, at the age of fifteen, Christian Haettich had a serious car accident. He lost his left arm and his left leg. For the next few years, he found it very difficult to live with his disability. But in 1984 he saw a man with one leg cycle up a steep hill. 'I can do that,' he thought, and he learned to cycle. It was really difficult – he fell off his bike many times – but he kept trying.

In 1985, he began to compete in races for disabled cyclists. His ambition was to compete in the Paralympic Games in Sydney in 2000 and he trained hard to be in the French team. But then the rules for the competition changed and Christian could not take part because his disability did not match the new rules. So Christian found a new challenge: cycling up mountains. Now he competes in mountain races and cycles around 27,000 kilometres every year!

2 THE RACING DRIVER

British driver Mike Newman enjoys breaking speed records. For example, in 2013 he broke two – the land speed and the water speed records. This achievement is more amazing because Mike cannot see. He was born with a serious eye disease and became completely blind at the age of eight.

For many years, Mike did not think it was possible to take part in motor sports. But at the age of forty, he started riding motorbikes and then he tried cars. 'I love the engines, the smells, the noises which come with it,' he says.

He set new land speed records in 2003 and 2005, but in 2010 Metin Senturk, a blind Turkish pop star, went faster. So in 2013, Mike had to set a new record. It is very difficult – and dangerous. Imagine driving a car at 300 kilometres per hour with your eyes closed!

When he isn't breaking records, Mike runs a charity called Speed of Sight. The charity helps other blind people to take

Reading Strategy

Make sure you answer every question in a multiple-choice task. If you are not sure of an answer, try to exclude one option and then guess between the other two. You have a 50:50 chance of being correct!

3 THE SKIER

Alana Nichols was a very sporty child. She loved volleyball and basketball. As a teenager, Alana's ambition was to study sports at university. But then, at the age of seventeen, she broke her back in a serious snowboarding accident. She couldn't walk. For two years, she did not know what to do with her life.

But at the age of nineteen, she discovered a new sport: wheelchair basketball. She became part of the national team for the USA and in 2008 they won a gold medal at the Paralympics in Beijing.

Alana realised that other sports were possible for her too. She tried surfing and kayaking. Then she tried skiing. She trained hard and became part of the American Paralympic team. At the 2010 winter Paralympics, she became the only athlete to win gold medals at the summer and winter Paralympic Games when she won four medals for skiing: two gold, a silver and a bronze. Then, in 2014, she won another

1- Christian Haettich became disabled in the year

a 1976 b 1984 c 1985

2- Christian Haettich didn't complete in the Paralympic Games in Sydney because

a he wasn't good enough

b he didn't have the right kind of disability

c he decided to cycle up mountains instead

3- Mike Newman's problems with his eyes began

a when he was eight years old b when he was forty c when he was born

4- Mike Newman did not start driving cars until after the age of forty because

a somebody told him it was not possible

b he did not know about the charity for blind people in motor sports

c he did not know that blind people could take part in motor sports.

5- According to the text, which sport did Alana Nichols take part in before her accident?

a basketball b skiing c snowboarding

1° Year - READING

6- In which sport has Alana Nichols won her most recent medals?

a surfing

b basketball

c skiing

Answer the questions about the people in the texts. Write Christian, Mike or Alana.

Which person...

1 became disabled at the youngest age? _____

2 broke records in 2005 and 2013? _____

3 took part in a lot of different sports as a child? _____

4 found it difficult to learn his / her sport? _____

5 took part in the Paralympic Games? _____

6 started doing his / her sport after seeing another disabled sports person? _____