



## SCIENCE UNIT 1 TEST

### 5TH GRADE

DIRECTIONS: Choose from the box the correct word to fill the gaps.

VEGETABLES	PROTEINS	FRUITS
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The \_\_\_\_\_ and \_\_\_\_\_ take up a half of the plate, grains and \_\_\_\_\_ take up about one quarter of the plate.

DIABETES	PERSON'S HEALTH	BULIMIA	EATING DISORDERS
OSTEOPOROSIS	BINGE-EATING	ANOREXIA	

It's the bad way people eat: \_\_\_\_\_ They harm a \_\_\_\_\_.

Eat very little on purpose: \_\_\_\_\_

Overeat and feel out of control to stop, then make themselves throw up on purpose: \_\_\_\_\_.

Eat large amounts of food even though they are not hungry:

\_\_\_\_\_ and \_\_\_\_\_ are consequences of a poor nutrition.