

1 Complete the sentences with the correct words. The first letters have been given.

- 1 You play **b** _____ by hitting a ball with a bat and then running around four bases.
 - 2 Kate and John live in the mountains, so they can go **c** _____ every weekend.
 - 3 Now, we will do some **g** _____ to help make our body stronger, more flexible and less prone to injury.
 - 4 The sport in which guns are used is called **s** _____.
 - 5 The slope was crowded with **s** _____ and snowboarders as it was the middle of winter holidays.
- ___ / 5

2 Choose the correct words.

- 1 How long has your brother been **doing / playing** karate? He seems quite good at it.
 - 2 My mum **goes / keeps** jogging in the park every morning.
 - 3 It was raining, so Rita and Sam couldn't **go / play** golf yesterday.
 - 4 **Going / Doing** boxing is much safer now because boxers wear a lot of protective equipment.
 - 5 I don't know if I am able to learn how to **play / do** chess properly.
- ___ / 5

3 Complete the definitions with the words in the box. There are two extra words.

bow • goal • golfer • high jump • judo • ski jump • tracksuit

- 1 A martial art in which you fight, using your sense of balance and body weight. _____
 - 2 An athletic competition in which an athlete tries to jump over a bar that is raised higher after each successful jump. _____
 - 3 The person who plays on a large outdoor course and who uses a club to hit a small white ball into a hole. _____
 - 4 A piece of equipment necessary for archery. _____
 - 5 A top and a pair of matching, loose-fitting trousers, worn by athletes before and after exercising. _____
- ___ / 5

4 Complete the sentences with the correct words.

- 1 The mayor of the city participated in the opening ceremony of the newly constructed basketball _____.
 - 2 I saw Arnie carrying a set of golf _____ in a purple bag yesterday.
 - 3 An outdoor skating _____ will be constructed in the middle of the park.
 - 4 My parents have just bought me a new _____ because they are glad that I enjoy table tennis.
 - 5 Unfortunately, there was no snow on my favourite _____ so we couldn't go skiing.
- ___ / 5

EXTENDED

5 Translate the fragments in brackets into English. Use a maximum of five words in each gap.

- 1 Murphy _____ (*trenował skok o tyczce*) at high school, but later he gave it up.
 - 2 The second day brought a surprise victory for Russell _____ (*w biegu na 100 metrów przez płotki*).
 - 3 Both athletes were going _____ (*leś w leś*) when they crossed the finishing line.
 - 4 What might encourage people to do extreme sports is the _____ (*nagły przypływ adrenaliny*) they experience at the moment they are risking their lives.
 - 5 No one has managed _____ (*pokonać mistrza w dziesięcioboju*) since the last Olympic Games.
- ___ / 5

6 Complete the sentences with the correct form of the words in brackets.

Ex.63, p.145 Read the text and fill in the gaps. Use:

international	important	ice	successful	daily
fans	winter	popular	free	national

Many sports arein Russia. There are many stadiums, swimming pools and different sports gyms here. A lot of national and..... matches and competitions are regularly held in our country. They attract large numbers of..... Most of thegames are shown on TV.

Our country has been..... in a number of different sports, especially in..... hockey. The..... team of Russia has won the World Hockey championships many times.

There are plenty of sporting activities which are part ofRussian life. School children spend theirtime playing football, basketball, badminton, going swimming and doing other sports. In....., many Russians go skiing and skating. There are hundreds of skating rinks in the cities of Russia.

Ex.71 , p.147 Read the questions and match with the answers

1	How much of the Earth's surface is covered by water?	a	The Pacific Ocean, the Atlantic Ocean, the Indian Ocean and the Arctic Ocean.
2	What oceans do you know?	b	Russia is bordered by 13 seas.
3	How many seas is Russia bordered by?	c	Baikal is the oldest, deepest and the clearest lake in the world.
4	Why is Moscow called the port of five seas?	d	About 75% of the Earth's surface is covered by water.
5	What is the world's oldest, deepest and the clearest lake?	e	People use such things as a ship, a boat, a bathyscaphe, a scuba set.
6	What things do people use to explore the world of water?	f	He is called *a diver*.
7	What is a person who uses a scuba set called?	g	Moscow is called the port of five seas, as the Volga Canal links Moscow with The Baltic Sea, The White Sea, The Caspian Sea and the Black Sea as well as with the Sea of Azov