Everything begins with your heart

It's located _____ to the left-hand side of your chest between your lungs and is about the size of your fist. A normal heart beats around 72 times per minute. Each beat _____ blood away. The heart is made up for four different areas or _____, each one has a different job. The left atrium receives oxygenated blood from the lungs and pumps it to the _____ ventricle. The left ventricle pumps out blood to the body.

The blood travels through the _____ carrying oxygen and _____ to the cells. The _____ atrium receives blood from the veins, it is carrying _____ from the cells. Then blood goes to the right ventricle. The right ventricle pumps _____blood to the lungs. They will clean and oxygenate it again.

And the _____ starts all over again, more than 100,000 times every day.

nutrients	***cycle***	***pumps***	***slightly***	***dirty***
chambers	***left***	***waste***	***right***	***arteries***

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