

### EX 1 Put the verb into the correct form of Present Simple.

- 1 I ..... (not/believe) everything I read on the Internet.
- 2 We ..... (keep) in good shape by jogging three times a week.
- 3 Regular exercise ..... (release) endorphins and puts people in a good mood.
- 4 At ninety, my grandmother still ..... (swim) every day.
- 5 This book is about a teenager who ..... (find) his missing brother after a long search.
- 6 Our summer school ..... (start) on Wednesday at 10 am.
- 7 ..... (you/exercise) at home or are you a member at a gym?
- 8 ..... (he/not get) enough sleep and is tired every day.

### Present continuous

#### 3 Match the verbs in bold in the sentences (1-6) to their uses (a-f).

- 1  They **are staying** in Spain this month to improve their Spanish.
- 2  Bob is constantly **making up** excuses for getting to work late.
- 3  John **is speaking** on the phone right now.
- 4  We **are going** out for lunch later.
- 5  The weather **is getting** hotter and hotter every year because of global warming.
- 6  She **is reading** a really interesting book right now.

- a action happening now
- b action happening around the time of speaking
- c fixed arrangement in the near future
- d temporary situation
- e changing or developing situation
- f frequently repeated action with *always*, *constantly*, *continually* to express annoyance or criticism

#### 4 Put the verbs in brackets into the present continuous.

- 1 A: ..... (you/come) home for dinner?  
B: No, Mum, I ..... (stay) back at school for basketball practice.
- 2 A: ..... (you/make) progress with your salsa lessons?  
B: Yes, I ..... (dance) better and better every week.
- 3 A: ..... (Leo/play) video games again?  
B: No, he ..... (research) a project for school.
- 4 A: Frank ..... (always/make) fun of other people!  
B: Really? He ..... (come over) tonight so I'll have a talk with him about that.

### Present simple vs Present continuous

#### 5 Choose the correct item.

- 1 John and Mark **stay/are staying** with their cousins for the summer holidays.
- 2 Anna **is eating out/eats out** with her family every Friday.
- 3 The first bus to the city centre **departs/is departing** at 6:00 am.
- 4 Can you turn the radio down? I'm **trying/try** to do my homework.
- 5 Gary **is coming over/comes over** for dinner tonight.
- 6 Most newborn babies **are sleeping/sleep** over 15 hours during the day.

