

Listening Comprehension Exercise

הקשיבו לשידור וענו על השאלות הבאות. עליכם לסמן את התשובה הנכונה.

THE SECRET OF A LONG LIFE

1. What does Mark tell us about Ikaria at the beginning of the interview?
 - i) Where the island is
 - ii) How big the island is
 - iii) Why Sophie lives there

2. What is so special about Ikaria?
 - i) The island is 100 years old.
 - ii) Many people there live for a long time.
 - iii) It is very far from the rest of Greece.

3. Scientists think that old people on Ikaria are healthy because they eat (-).
 - i) fresh fruit and vegetables
 - ii) very little food
 - iii) mostly honey

4. What is different about what people on Ikaria eat?
 - i) They eat yogurt from other Greek islands.
 - ii) All their food comes from Ikaria.
 - iii) They like to eat a lot of meat.

5. What other information does Sophie give us about old people on Ikaria?
 - i) They stop working on the farms.
 - ii) Children take care of them.
 - iii) They live with their families.

6. What is the last reason Sophie gives for the long lives of people on Ikaria?
 - i) They like the western way of life.
 - ii) They enjoy meeting tourists.
 - iii) They live a very quiet life.