PRESENT SIMPLE
Morning Routines

1- Leer y escuchar el texto. Averiguar términos nuevos.

1 How do you start your day?

Get going

1 How do you start your day? What's the first thing you do?

2 14 Read and listen to the magazine article. Which advice do you agree with?

Are mornings difficult for you?
Read on for some helpful advice.

Do you always get up late?
When you get up early, you've got more time. It's simple!

When do you have a shower – in the morning or in the evening?
A quick shower in the morning helps you to wake up.

Do you have breakfast every day?
A good breakfast gives you lots of energy.

Do you do exercise every day?
Exercise also gives you energy. Why not walk to school in the morning?

Our tips can give you a great start to the day.
Mornings? Easy!

2- Mirar las imágenes de actividades rutinarias y arrastrar el nombre hacia el dibujo correspondiente:

brush your hair brush your teeth do exercise
get dressed have a bath ~~have a shower~~
have a snack wash your hair

3- Leer los diálogos y completarlos con una frase que tenga sentido. Arrastrar cada frase:

brush my teeth do exercise have a bath
have a snack ~~wash your hair~~

1 A: Do you wash your hair _____ every morning?
B: Yes, I do. And then I brush it.

2 A: Do you _____ every morning?
B: No, but I ride my bike or go swimming at the weekend.

3 A: When do you _____?
B: Between breakfast and lunch.

4 A: You eat a lot of chocolate. It's bad for you!
B: Yes, but I always _____!

5 A: Do you _____ in the evenings?
B: No, I don't. I always have a shower.

4- Escuchar el audio y unir cada conversación con una actividad:

a have a bath _____
b get dressed _____
c have a snack _____
d brush your hair _____

Good luck!
Profe Vicky.