



Frequency adverbs tell us how often something is done...

100%	always	He always gives flowers to Mary.
85%	usually	I usually take two buses per day.
75%	frequently	She frequently goes to the park
60%	often	We often miss the English class.
50%	Sometimes	They sometimes play soccer until the night
40%	occasionally	I occasionally travel by work
30%	rarely	You rarely mixture friendship with business
20%	seldom	He seldom lends something
10%	hardly ever	We hardly ever play videogame
0%	never	I never go out without money.

...and we can find them before the main verb.

SUBJECT	FREQUENCY ADVERB	MAIN VERB	COMPLEMENTS
I	usually	play	football with my friends
You	hardly ever	speak	English with your friends
She	never	drinks	coke

Try to complete these sentences with a frequency adverb:



I \_\_\_\_\_ do my homework in the evening.  
 I \_\_\_\_\_ go to school by bus.  
 I \_\_\_\_\_ play basketball with my friends.  
 My father \_\_\_\_\_ cooks in my house  
 My best friend \_\_\_\_\_ helps me with my homework  
 My teacher \_\_\_\_\_ speaks English during the class.