

Complete the text with the suitable word:

about to    budget    found out    view    planned    eventually  
keep    sharing    self    spend    Couchsurfing    surroundings  
due to    goal    ran out of    confidence    hostels    hitchhiking  
laid back    used

Here in Auckland we have a lot of backpackers coming and going. So I wondered why do they backpack through the world? I asked around and this is what I \_\_\_\_\_. Their answers made me realise that they're all really good reasons why backpacking is good for you.

Why Backpacking is Good for You!

### 1. You See The World

Backpacking gives you the opportunity to travel and see a lot of the world on a \_\_\_\_\_. You might need to lower your usual living standards a bit with eating street food and \_\_\_\_\_ a dorm and bathroom with other people. But it is a great way to see different environments on a low costs.

### 2. It makes you stronger and confident

Backpacking let's you experience the culture and the \_\_\_\_\_ in a more intense way. First you might have a problem with the language in the country or you are not \_\_\_\_\_ to the smell, food and culture. You are on the "road" so you get to know new people, new impressions and differences from what you experienced before. This "on the road" experience will give you strength and \_\_\_\_\_ for the future.

### 3. You Learn to Be Flexible

Backpackers live day to day basically, we don't have a strict timetable. Let's say you want to travel up north somewhere and for some reason you want to spend another night in that city – you just organise a place to stay for the night and

leave the next day. Your day is not \_\_\_\_\_ out, you organise your day by how you're feeling. Sometimes you feel the urge to move on to see more of a country or the opposite can occur if you feel that you would like to spend some more time at this one place because you haven't seen everything yet. You don't get the feeling that you are missing out .

#### 4. You Have The Adventure of a Lifetime

Backpackers have an adventure of a lifetime. Each time they go with their giant backpacks to the airport, bus station or even by foot on the streets... they are \_\_\_\_\_ experience a life adventure. You don't worry about a thing, you have a \_\_\_\_\_ where you want to be in a day, months or even years and you get there \_\_\_\_\_.

#### 5. Find Lifelong Friends

Backpackers love to stay in \_\_\_\_\_, not only because it is cheap, fun and convenient... no, because they love to meet other backpackers. If you travel on your own the easiest way to meet similar people most of the time. You even find lifelong friends while you travel and you \_\_\_\_\_ in contact.

#### 6. You're More Open Minded

Backpackers tend to be more open minded. \_\_\_\_\_ experiencing many different cultures and events backpackers tend to have a different \_\_\_\_\_ on life. They are more \_\_\_\_\_ since somehow they always made it through difficult and sometimes dangerous situations.

Once you are a backpacker you can't stop being one. This lifestyle is addictive.

Let your mind free, experience the world, get to know yourself better and become a backpacker

#### 7. Budget-based travel plans to the rescue

You don't have to be rich to travel your dream destination. Besides, it's okay to \_\_\_\_\_ less on your journey, as long as you get to reach where you've always wanted to be. Over the years I have always preferred to stay in hostels or guest houses when it comes to accommodation. There are alternative modes of accommodation like Airbnb and \_\_\_\_\_ as well to make yourself feel home at someone else's house.

#### 8. You are on your own

There are times when backpacking compels you to get out of your comfort zone, and this makes you grow. Well, there were times when I \_\_\_\_\_ cash, got stuck on the road, and I had to do \_\_\_\_\_ to get back to my hostel. The takeaway is that you get to be street-smart in the long run.

#### 9. Learn a lot more about yourself –

This brings out the incredible feeling of being liberal and having the freedom to do anything. When you travel with your friends, subconsciously you will act the way they expect you to! Traveling is a great way to know your own \_\_\_\_\_. You might be a caveman back at your home but when you are out there, in the open, all on your own, you may want to be the ultimate explorer. There's nobody to judge and even if there is, who cares! You are anyway not going to see them again! So yes, you get to be your true self.