

Spotlight 8. Module 2A – 1

Name _____

Food



1 Tick the odd word out.

- 1 sauce: creamy - fried - spicy - rich
2 diet: appealing - healthy - poor - balanced
3 salad: side - green - end - fruit
4 meat: undercooked - raw - overcooked - rich
5 weight: miss - gain - put on - lose
6 chocolate: white - dark - heavy - milk
7 food: frozen - quick - junk - fast
8 meal: four-course - light - easy - home-cooked

2 Match the words in the columns and then use the phrases in the correct form to complete the sentences below.

- | | |
|---------|-------------|
| 1 fussy | a pride in |
| 2 head | b tradition |
| 3 take | c eater |
| 4 food | d for |

1 Sam _____ his cooking. He thinks he's one of the best cooks in the city!

2 A lot of young children don't like many types of food. They are _____.

3 As Jenny was _____ the school canteen to have her lunch, she remembered she had some crisps and some biscuits in her bag.

4 Sushi is one of the oldest _____ in Japan.

3 Fill in: *appealing, nourishing, lunchtime, packed, nursery, portions, basically.*

1 Could we meet at _____?

2 Patty likes sharing her food with the other little children at the _____ school.

3 Traditional Spanish tortilla, which is _____ a thick potato omelette, is very popular in Spain.

4 This restaurant serves very small _____. I'm always hungry after I leave here!

5 Peter doesn't like the food that they serve at his school canteen so he always brings a _____ lunch from home.

6 Babies drink a lot of milk as it's very _____ for them and helps them to grow up strong and healthy.

7 Not only should obentos be nourishing and healthy, they should also look _____.