

Name:

I.Choose the correct answer:

1.Milk from many animals is used by

A.humans

B. birds

c. animals

2._____ is primary food for babies.

A.Water

B. milk

c. oil

3.Milk is a rich source of _____

A. vitamin

B. protien

c. Calcium

4. _____ are salty or sweet.

A. Biscuits

B. water

c. milk

5.Bread is ____ fat food.

A. Biscuits

B. low

c. high

6.Biscuits are made from _____

A. Biscuits

B. rice

c. wheat

7._____ is associated with birthday celebrations.

A. cake

B. ice

c. food

8.Ground nut seeds is the _____ food.

A. high

B. raw

c. cooked

9.Food provides _____

A. hight

B. vitamin

c. energy

10.vitamin present in milk that helps us maintain our bones is

A. vitamin-D

B. vitamin -A

c. Vitamin-K