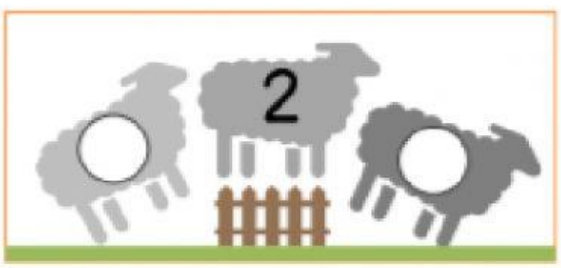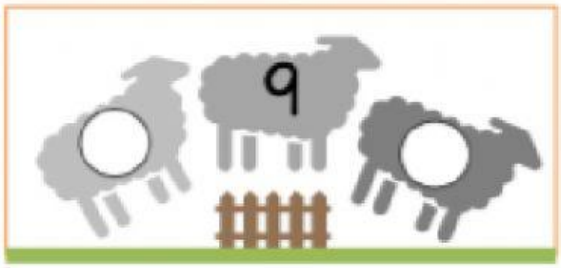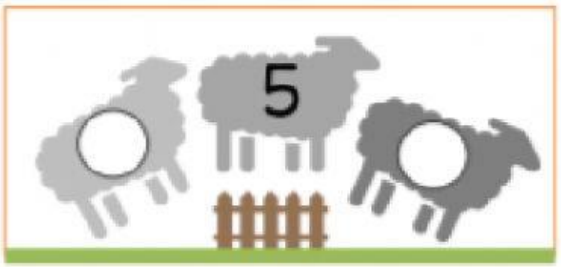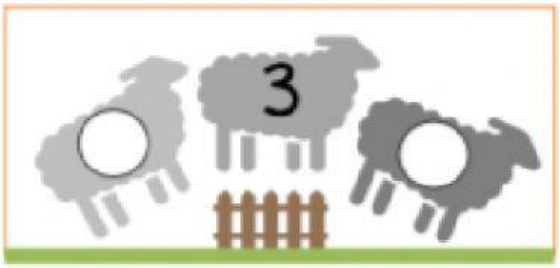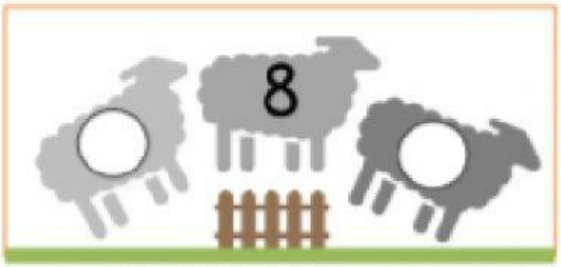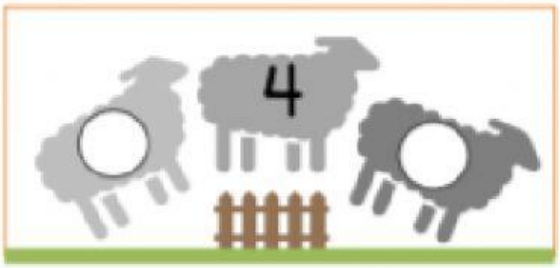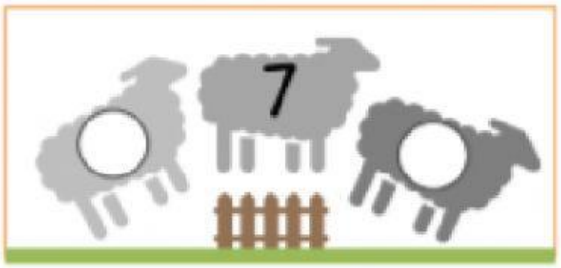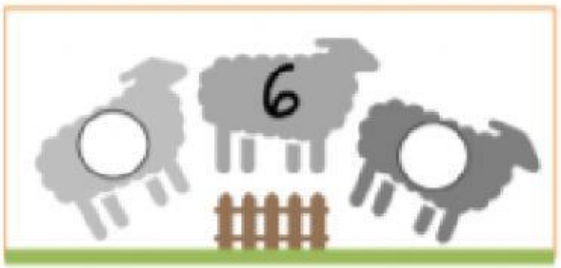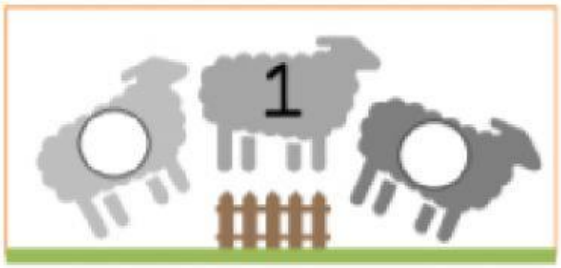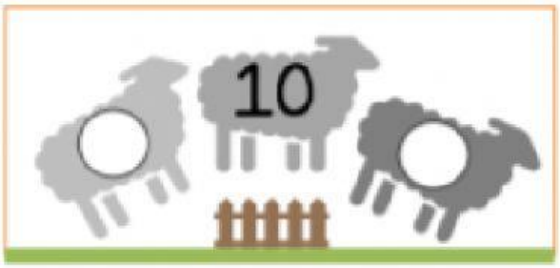اكتبوا العدد السابق والعدد التالي