

Drag the following words into the correct sentence.

Block 1

Unit 1 What happens if I don't keep a healthy weight?

Lesson 2 "How Does Energy Imbalance Affect My Health?"

pancreas bulimia and anorexia diabetes mellitus eating disorders
insulin BMI malnutrition obesity glucose underweight

1. An illness in which the level of glucose is higher than normal. _____
2. Abnormal eating habits. _____
3. A substance produced by pancreas. _____
4. The result of not eating healthy food. _____
5. An organ that produces insulin. _____
6. Examples of eating disorders. _____
7. A measure scientists use to measure our weight. _____
8. A type of sugar in the blood that the human body uses for energy. _____
9. The body weight of a person with an associated BMI of 30.0 or higher. _____
10. The body weight of a person with an associated BMI below 18.5. _____

