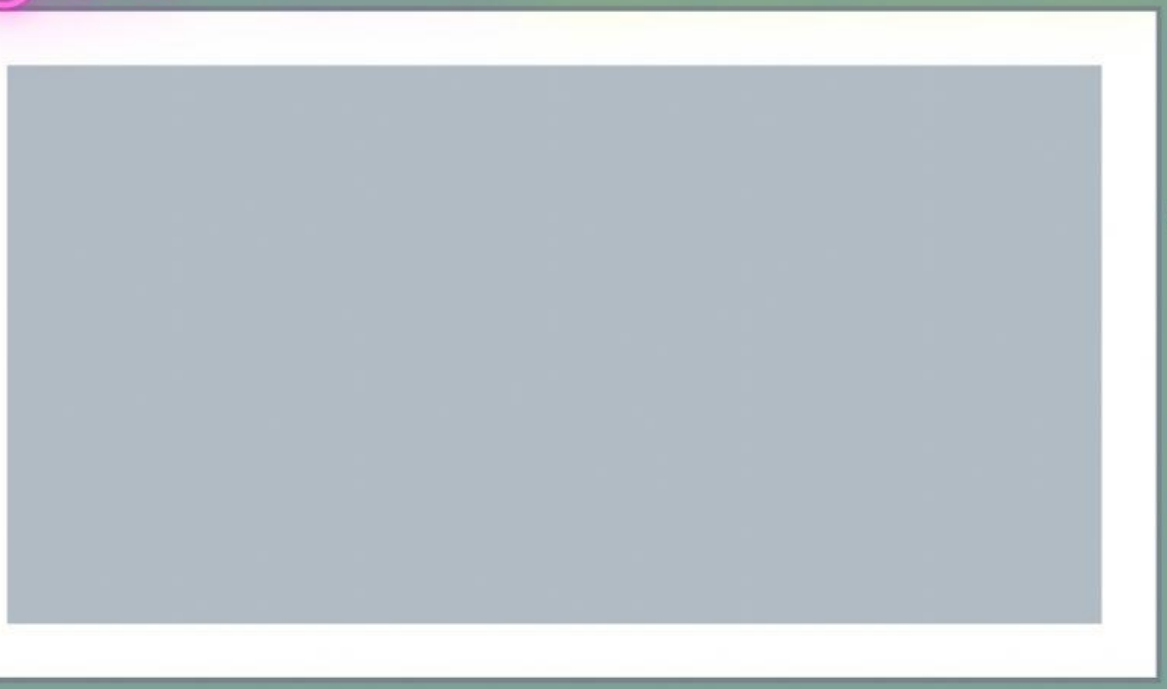
It's OK not to be ok

Marshmello & Demi Lovato



@eslyeebteacher

Feeling like a drop in the ocean
But don't nobody notice
Maybe it's all just in your head
Feeling like you're _____in your own skin
And now your body's frozen
Broken down, you've got nothing left
When you're high on _____
And you're losing your focus
And you feel too exhausted _____
Don't get lost in the moment
Or give up when you're closest
All you need is somebody _____
It's okay not to be okay
It's okay not to be okay
When you're down and you feel ashamed
It's okay not to be okay
Feeling like you're lost in illusion
And lately you're secluded
_____ you'll never get your chance
Feeling like you've got no solution
It's only 'cause you're human
No control, it's out of your hands

When you're high on emotion
And you're losing your focus
And you feel too exhausted to pray
Don't get _____in the moment
Or give up when you're closest
All you need is somebody to say
It's okay not to be okay
It's okay not to be okay
When you're down and you feel _____
It's okay not to be okay
When you're high on emotion
And you_____ your focus
And you feel too exhausted to pray
Don't get lost in the moment
Or give up when you're closest
All you need is _____to say
It's okay not to be okay (ohh)
It's okay not to be okay (no, no, no)
When you're down and you feel ashamed
(When you feel ashamed)
It's okay not to be okay (no, no)
It's okay not to be okay