Famous Blogger Talks About A Healthy Diet

Do you like to read blogs? Meet Ruby Karp. She is a positive person and offers great recommendations. She is only 10 years old. Let's look at her recent post: A Healthy Diet.

Can you believe it? Yesterday I *ate eight* slices of pizza! That is not a healthy diet: What is a healthy diet? Continue reading to discover what it is.

In less than a *minute* you *can* go to the kitchen and open a *can* of soup or prepare a *fast* snack. Is that healthy? A good option for a *sound* diet is to eat fruits and vegetables. Reduce the snacks that have *flour* (pasta, cookies or bread) and eat a *piece* of fruit: for instance, a *pear* or an apple when you want a *pair* of cookies. When you inevitably eat pizza, have a *minute* portion. Remember: never eat *fast* and never overeat!

Oh, it *sounds* funny! I used a lot of homographs and homophones in this post.

Do you know what a homograph is? Read my blog next week...

- Now, let's play. Read the words from the left column and tap the words from the right column that sound similar.

1 serial	A eight
2 pair	B peace
3 flour	C can
4 ate	D pear
5 piece	E flower
6 minute	F minute
7 can	G cereal

- In the following sentences, select the answers that describe the similarities and differences between the words in *italics*.

1. Choose a *pear* or an apple when you want a *pair* of cookies...

pear and *pair* have....

- [ ] different meanings
- [ ] different spelling
- [ ] the same sound
- [ ] the same meaning

1/1 Check

2. Reduce the snacks that contain *flour*...Peace, love, and a *flower* to you all!

flour and *flower* have...

- [ ] the same sound
- [ ] the same meaning
- [ ] different spelling
- [ ] different meanings

3. You *can* go to the kitchen and open a *can* of soup.

can and *can* have...

- [ ] the same meaning
- [ ] different meanings
- [ ] the same sound
- [ ] the same spelling

1/1 Check

4. In less than a *minute*... you will eat a *minute* portion of your pizza.

Minute and *minute* have...

- [ ] different meanings
- [ ] the same spelling
- [ ] different spelling
- [ ] the same meaning

5. *Pear* and *pair* / *Flour* and *flower*...

- [ ] are homophones.
- [ ] are homographs
- [ ] have the same spelling and different meanings
- [ ] have the same sound and different meanings

1/1 Check

6. *Can* and *can* / *Minute* and *minute*

- [ ] are homographs
- [ ] are homophones
- [ ] have the same spelling and different meanings
- [ ] have the same sound and different meanings

1/1 Check

- Now, let's choose the ingredients to make a delicious recipe. Click on the right word!

1. Ingredients:

A big pear ◯ pair ◯

$\frac{1}{2}$ cup butter

3 eggs

$\frac{1}{2}$ cup of flour ◯ flower ◯

1 teaspoon lemon juice

50gr of Corn Flakes serial ◯ cereal ◯

1 small peace ◯ piece ◯ of cinnamon

The pie recipe is good for ate ◯ eight ◯ medium portions.

1/1

Check

The Beatles

Do you know The Beatles? *They* were a popular British rock band formed by four friends from Liverpool: John, Paul, George and Ringo.

They created amazing music that is still popular today. *They* were very famous for their music. The Beatles changed their look several times. First, they wore leather jackets and had short hair. During the early 1960s, their manager, Brian Epstein, decided that it was time for a change. *He* convinced them to change their leather jackets for suits and to adopt the mop top hairstyle. Young people all around the world wanted to look like them. The band became famous wearing suits, ties and clean black shoes. *They* changed their style many times: their hair became longer and their outfits more colorful. Their looks became as famous as the band itself.

- How attentively did you read? Match column A with the right answers in column B and test yourself:

1 Brian Epstein	A *It* was their hometown.
2 John, Paul, George and Ringo	B *They* wanted to look like the Beatles.
3 Liverpool	C *He* was their manager.
4 Young people all around the world	D *They* are The Beatles.

1/1

Check

1. In the sentence *They* created amazing music that is still popular today.

They refers to...

- The Beatles
- their manager, Brian

1/1 Check

2. In the sentence *He* convinced them to change their leather jackets for suits.

He refers to...

- The Beatles
- their manager, Brian

1/1 Check

3. *I, you, he, she, it, we, you,* and *they* are...

- personal pronouns
- names of people and things

1/1 Check

4. Ringo, John, George and Paul are...

- personal pronouns
- names of people and things

1/1 Check

5. You use personal pronouns to...

- substitute names of people and things
- talk about actions

1/1 Check

- Look at this cartoon of The Beatles. Choose the sentences that describe them correctly. It is possible that more than one sentence is correct:

- Look at this cartoon of The Beatles. Choose the sentences that describe them correctly. It is possible that more than one sentence is correct:

1. Paul McCartney

- [ ] *He* is wearing black trousers.
- [ ] *He* is wearing a yellow shirt.
- [ ] *He* has long hair.
- [ ] *He* has a mustache.

1/1 Check

2. John Lennon

- [ ] *He* is wearing glasses.
- [ ] *He* is smiling.
- [ ] *He* is wearing yellow boots.
- [ ] *He* has brown hair.

1/1 Check

3. George Harrison

- [ ] *He* is wearing a hat.
- [ ] *He* is wearing a pink shirt.
- [ ] *He* is wearing a suit.
- [ ] *He* is wearing formal shoes.

1/1 Check

4. Ringo Starr

- [ ] *He* is wearing a coat.
- [ ] *He* has black hair.
- [ ] *His* nose is big,
- [ ] *He* has a mustache.

- Do you want to practice more? Read about John's life and fill in the gaps with the right answers.

John's First Guitar

John Lennon grew up in his aunt Mimi's house. _____ was close with her mother, Julia. _____ taught him how to play the banjo as _____ both shared a love for music. The first song that he learned how to play was "Ain't that a Shame from Fat Domino." For his birthday, her mother bought him his first guitar. _____ was a Gallotone Champion acoustic guitar. Aunt Mimi was not fond of music, so when _____ saw the guitar for the first time, she told young John: "The guitar's all very well, John, but you'll never make a living out of it." _____ went on to form one of the most influential bands in history. Less than ten years after getting his first guitar, The Beatles had their first record released. _____ went on to conquer the music world.

They | She | He

she | It | they

He