# ADVERBS of FREQUENCY

- *Complete these sixteen sentences to score your knowledge of **ADVERBS OF FREQUENCY**.*

1. **I seldom visit my relatives, so I … see my uncle John.**
   a) usually
   b) almost never
   c) almost always

2. **I'm never late for our English class. I'm … on time.**
   a) often
   b) usually
   c) always

3. **James goes to the beach only once a year. He … goes to the beach.**
   a) almost never
   b) never
   c) sometimes

4. **My sister often … a book in the evenings.**
   a) reads
   b) read
   c) is reading

5. **I … eat junk food because I know it's not very healthy.**
   a) always
   b) sometimes
   c) seldom

6. **… we go to the gym to exercise, maybe two or three days a week.**
   a) Rarely
   b) Sometimes
   c) Always

7. **I … watch cartoons because I hate them. News shows are much better.**
   a) almost always
   b) sometimes
   c) never

8. **They always … to bed early because they always get up early.**
   a) go
   b) will go
   c) goes

9. **I went to a restaurant last week, but I … eat at home.**
   a) usually
   b) seldom
   c) always

10. **She doesn't … finish work early because she is often busy.**
    a) never
    b) usually
    c) always

11. **It … snows where I live, so I never make a snowman.**
    a) sometimes
    b) never
    c) always

12. **We visit our grandparents three or four times ….**
    a) the month
    b) month
    c) a month

13. **He almost never sees a doctor because he is … sick.**
    a) almost always
    b) usually
    c) seldom

14. **Do you … travel to other countries on your summer holiday?**
    a) ever
    b) never
    c) how often

15. **I … study very hard, so I usually get high grades in school.**
    a) always
    b) rarely
    c) almost never

16. **He's never angry. He … has a smile on his face.**
    a) never
    b) always
    c) seldom