ACTIVITY N° 1: HEALTHY FOOD

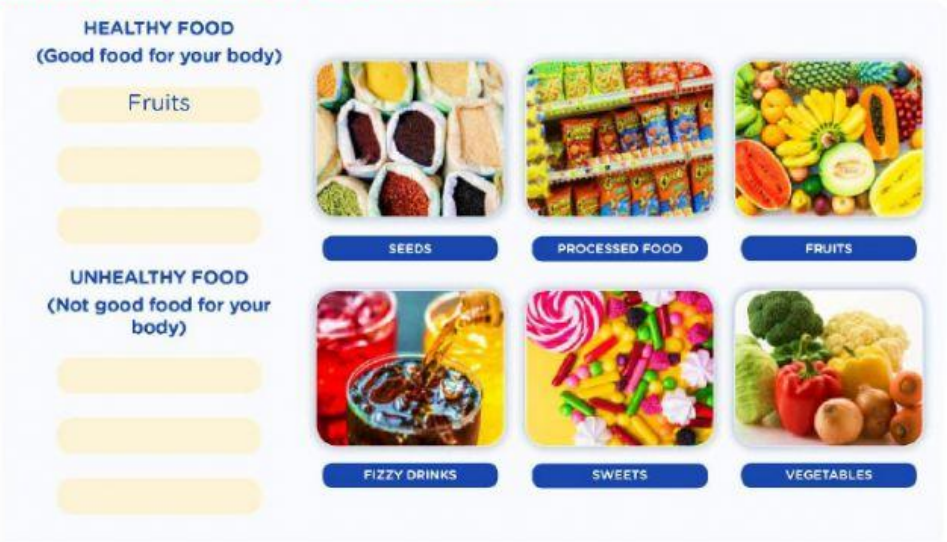
AREA: INGLÉS		CICLO: VII
DOCENTE: LIC. MADAI LESLY VARGAS COLLANQUE		GRADO: 3° ABCD
COMPETENCIA	**CAPACIDADES**	**DESEMPEÑO**
LEE DIVERSOS TIPOS DE TEXTOS EN INGLÉS COMO LENGUA EXTRANJERA.	Obtiene información del texto escrito	Obtiene información relevante y complementaria ubicada en distintas partes del texto en inglés con vocabulario variado.

1° PART

A. PLAY THE GAME AND PRACTICE FOOD VOCABULARY. Juega el siguiente juego y practica vocabulario de alimentos.

https://quizlet.com/ar/511011275/healthy-food-flash-cards/

B. CLASIFY THE FOODS BELOW AS HEALTHY OR UNHEALTHY. Clasifica las siguientes como saludables o no saludables.



C. MATCH THE EMOTICON WITH CORRECT PHRASE. Relaciona el emoticón con la frase correcta

2° PART

A. READ ABOUT FOUR FAMILIES AND THEIR FAVORITE DISH.

1

Hi! I'm Carlos. During the lockdown, my family likes cooking together. We love salads. To make a salad, we need tomatoes, lettuce, lemons, onions, peppers, oil and salt. I like vegetables! They are delicious and healthy.

Tomatoes Lettuce Lemons Peppers Salt Oil

2

Hello, I'm Rosa. During the lockdown, I like cooking with my children. We love chocolate. To make chocolate cake, we need flour, cocoa, sugar, eggs and vanilla. Remember, sugar is unhealthy if you eat too much of it.

Flour Cocoa Sugar Eggs Cake Vanilla

3

Hi! I'm Victor. During the lockdown, we like cooking together. To make a hamburger and a salad, we need meat for the hamburger, tomatoes and lettuce for the salad. We don't like ketchup on the hamburger. Ketchup is unhealthy. We are hungry!

Meat Lettuce Ketchup Hamburger Tomatoes

4

Hello, I'm Lucía. During the lockdown, I like cooking with my brothers and sisters. "Ceviche" is my favourite dish. It's healthy. To make "Ceviche", we need fish, lemons, onions, sweet potatoes, garlic and salt.

Fish Lemons Garlic Onions Sweet potatoes Salt

B. LET'S UNDERSTAND!

ANSWER THE QUESTIONS.

1. What do you need to make a chocolate cake?

   We need flour, cocoa, sugar, vanilla and eggs.

2. What do you need to make "Ceviche"?

3. What do you need to make a hamburger?

4. What do you need to make a salad?

CHOOSE TRUE OR FALSE.

1. Rosa likes cooking with her mother.	TRUE	FALSE
2. Rosa needs flour to make her cake.	TRUE	FALSE
3. Lucia likes cooking with her brothers and sisters.	TRUE	FALSE
4. Lucia and her brothers and sisters will make "Ceviche".	TRUE	FALSE
5. Carlos loves chocolate cake.	TRUE	FALSE
6. Carlos' family like cooking together.	TRUE	FALSE
7. Victor needs peppers for his salad.	TRUE	FALSE
8. Carlos, Rosa, Victor and Jorge like cooking during the lockdown.	TRUE	FALSE

3° PART

A. MATCH THE SHOPPING LIST WITH THE CORRECT DISH. Relaciona la lista de compras con el plato correcto.

4° PART

B. WRITE YOUR OWN SHOPPING LIST ABOUT A DIFFERENT DISH. Escribe tu propia lista de compras acerca de un plato diferente.

"_____"

SHOPPING LIST

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