

Type of food exercise 2

Bismillahirrahmaanirrahiim

Read these questions below and choose the correct answer.

1. Foods with a lot of carbohydrate have function to _____ so we can do our activity.
2. The examples of foods with a lot of carbohydrate are _____
3. Without eating carbohydrate every day, we will _____
4. Vegetables have function to _____ and _____
5. The examples of Vegetables are _____
6. Fruits have functions to _____
7. The examples of Fruits are _____
8. The dairy group is a group of food that has _____ as the main ingredient.
9. The dairy group consists of calcium that helps to _____
10. The food examples of milk and other dairy group are _____
11. The meat, fish and pulses group are full of protein that help to _____
12. The examples of meat, fish and pulses group are _____