

NAME:

DATE:

**LISTENING****Listen to the audio. Choose the correct answer.**

1. Eat lots of _____	2. Drink lots of _____
a) Vegetables	a) water
b) Vitamins	b) coffee
3. Sleep at least _____	4. Do not stress _____
a) Six	a) too much
b) Seven	b) at all
5. Do not _____	
a) wake up at the same time every day	
b) check your phone form bed	
6. Talk to _____	7. Exercise _____ times a week
a) Friends and family	a) Three
b) People on social media	b) Five
8. Go for a walk or _____	
a) Sit on the couch and watch TV	
b) Ride a bicycle	

**VOCABULARY:****1. Match each worker with a place. Write the letter on the line.**

___ 1. a sales clerk	a. a factory
___ 2. a teacher	b. a store
___ 3. a factory worker	c. a school
___ 4. a nurse	d. a restaurant
___ 5. a waiter	e. a hospital

**2. Complete the work phrases with the words from the box.**

customers	work	answer	attend	reports
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a. _____ meetings
b. write _____
c. _____ the phone
d. travel for _____
e. call _____

**GRAMMAR:****3. Complete the sentences with the words from the box.**

get up	eat	turn off	look at	watch
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a. Don't _____ TV all day!
b. Please _____ at 6:00 A.M. Our train is at 7:30 A.M.
c. Don't _____ your emails now, please. It's time to go.
d. Please _____ your cell phone in the movie theater.
e. Please don't _____ chocolate for lunch. Eat a sandwich.
4. Cross out the extra word in each sentence.
a. No, not thank you.
b. Would you to like an orange juice?
c. What do you want for to eat?
d. I am would like a cup of tea, please.
e. Do you are want sugar?

**READING:****Read the paragraph. Put the events in the correct order from 1 to 5.**

I get up at 9:00 in the morning. I watch TV from 9:00 to 9:30. Then I take a shower. I start work at 10:30. I'm an office worker. In the morning, I answer the phone. I eat lunch from 12:30 to 1:30. In the afternoon, I write reports. I finish work at 5:30. In the evenings, I go to bed around 11:30.

_____ a. take a shower
_____ b. write reports
_____ c. answer the phone
_____ d. watch TV
_____ e. eat lunch