

FCE – USE OF ENGLISH TEST (UNIT 5)

1) Choose the correct words to complete the sentences.

- 1 Dad's arranged **visit** / **to visit** the Wimbledon Lawn Tennis Museum next month.
- 2 I'm so glad you encouraged me **to take** / **taking** up snowboarding.
- 3 Sami goes for a fifteen-minute walk every weekend so as **maintaining** / **to maintain** her fitness.
- 4 It's difficult **to get** / **get up** at 5 a.m. on a dark winter's morning to go out running.
- 5 I'm not good at staying hydrated, but Mum makes me **drink** / **to drink** six glasses of water a day.
- 6 It's true that **take** / **taking** part is more important than winning.
- 7 Joe's tennis coach insists on him **to have** / **having** one day of rest every week.
- 8 How did you feel when the PE instructor suggested **doing** / **to do** a cross-country run?

2) Complete the sentences with the correct form of the verbs in brackets.

- 1 On the way to the dance studio, we stopped (talk) to some friends.
- 2 Do you remember (tell) me about the basketball match last night?
- 3 Millie doesn't regret (book) a place on the skiing course.
- 4 Apologies – I forgot (bring) my football kit with me.
- 5 Remember (get) some sponsors for your charity swim.
- 6 I tried (drink) an energy drink every day but it didn't make me feel any more energetic!
- 7 I think we should stop now (put on) our wet weather clothes.

3) Complete the second sentence so that that is has a similar meaning to the first sentence using the word given. Do not change the word given. Use between two and five words, including the word given.

- 1 I prefer saving my money to spending it.

RATHER

I..... than spend it.

- 2 The physiotherapist said Mum ought to get a personal trainer.

BETTER

The physiotherapist said Mum..... a personal trainer.

- 3 In my opinion, you should work on your self-confidence, starting now.

TIME

In my opinion, on your self-confidence

- 4 I'm sorry I entered the abseiling event last week!

REGRET

I..... the abseiling event last week!

- 5 James hasn't gone to the gym for five years.

STOPPED

James..... five years ago.

4) Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line.

Get fit!

Whilst we can't all be professional athletes, with a bit of (1)

ENCOURAGE

we can all improve our fitness surprisingly quickly. So, if you're someone

who feels some (2) when you watch sport and see the top-class

FRUSTRATE

(3) of the competitors, why not do something about it?

PERFORM

The first step is actually making the (4) to make a few changes to

DECIDE

your habits and patterns of (5) We're talking here about a few

BEHAVE

simple and (6) ideas which will make a difference.

EXPENSE

For example, use the stairs instead of taking the lift, get off the bus one

stop earlier. I'm a (7), but I'm sure these things are changes

REAL

most of us can make, and the results can exceed your (8)

EXPECT

You will notice a difference very quickly. Try not to be too (9), –

PATIENT

your body needs to adjust over time, but you'll see definite (10) before long.

IMPROVE