

Universidad Santo Tomás

Program: Dentistry

Class: Pediatric Dentistry

LISTENING EXERCISE

Content aim:

Students will be able to discuss some consequences that affect oral health from harmful habits and will create an oral presentation with one habit that could affect the child's oral health.

Language aim:

Students will be able to identify some vocabulary from listening to the video and organize some sentences with the correct verbal form.

Purpose: To highlight the importance of some habits to oral health in children and to know how harmful they can be.

1. Look at these pictures and think what the listening exercise will be about.



Taken from: Thumb sucking. URL: <https://bit.ly/2ZX5sbM>



Taken from: Franco M. My 5-Year-Old Still Uses a Pacifier and I Don't Care. URL: <https://bit.ly/2ZdgSZR>

2. Discuss your thoughts with your partner.
 - Are the pictures showing the same habit?
 - What could be some advantages of using a pacifier over thumb sucking in small children?
 - Why do you think some children have this habit?
3. These definitions will help you learn new words from the next video.
 - **stick out** (v-s): to protrude.
 - **chew** (v): to crush or grind something such as food with the teeth.
 - **glance** (n): a quick look.
 - **blanket** (n): a piece of fabric used for body covering.
 - **awkward** (adj): causing embarrassment.

- **mirror** (n): a polished or smooth surface (as of glass) that forms images by reflection.
- **palate** (n): the roof of the mouth separating the mouth from the nasal cavity.
- **resemble** (v): to be like or similar to.
- **beaver** (n): a semiaquatic herbivorous rodent.
- **concerns** (n): matter for consideration.
- **shift** (v): to change the place, position or direction.
- **habit** (n): a settled tendency or usual manner of behavior.

4. Watch the video "Thumb sucking: a bad habit".

4.1 Add one of the presented **bold** words to each blank to complete the sentences below. Use the correct form for verbs (v).

4.2 According to the video, write the correct number in the line next to the sentence to order them (you can watch the video the times you need to complete this activity).

The result is that your incisor teeth will tend to _____ of your mouth and your lips will be no longer able to close properly when you don't think about it. Your face takes another appearance and you don't recognize yourself in the _____. Fingers in your mouth! What a bad habit. The thumb, the little _____, the toys, none of that is a good idea.

By inserting a finger or any object in your mouth and closing your lips all around it, you incite your _____, your teeth and also your lips to take on the shape of these objects.

You have more difficulty eating or _____ your food properly and you begin talking in a strange manner.

Do you realize how this _____ habit, besides making you look like a baby, could get your teeth to _____ and make you _____ a _____ or a rabbit?

This way, you will save your parents many _____ and you will have the satisfaction of recognizing yourself in the _____ at first _____.

This is imperative that you stop this bad _____ as of today.

5. Daniel has come to your office with his grandmother Elisa. Elisa told you that Daniel has a thumb-sucking habit since he was one year old (now, he is four years old). You explained Daniel's grandmother the harms of this habit to his teeth and mouth, but she did not understand very well what you were saying. She asks you to write a formal e-mail to Daniel's mother explaining what you just told her.

Extension: at least 50 words.

The e-mail must have:

- | | |
|---------------------------------------|---------------------------------------|
| - Subject line | - Greeting |
| - Introduction (dentist presentation) | - Body (what you want to communicate) |
| - Closing | - Check for grammar and spelling |

6. For homework, prepare an oral presentation about a simple habit or a frequent activity that could affect the child's oral health. Use the following questions as a guide:

- When this habit presents?
- How can it be stopped?
- What evidence supports its harm?

Tips for a good oral presentation:

- Before making the presentation: do some research.
- While making a presentation: few sentences for each slide (a maximum of eight lines),
- add visual aids, sometimes it is better to have a clear background.
- Posture: keep eye contact, speak clearly.

You can also get more information in this link: <https://bit.ly/2Ca5e9y>

Note:

(v): verb, (n): noun, (adj): adjective, (v-s): verb - idiomatic expression that is separable.