

Past Simple and Past Continuous

Practice Worksheet

Write the past form of the following Verbs:

1. Play: _____
2. Dance: _____
3. Cook: _____
4. Study: _____
5. Travel: _____
6. Roar: _____
7. Scream: _____
8. Walk: _____
9. Appear: _____
10. Change: _____



Match the irregular verb with its past form:

Run	Threw
Go	Heard
See	Told
Hear	Went
Throw	Was/were
Sell	Sold
Be	Ran
Tell	Saw

Complete with when or while.

1. _____ grandpa was telling his story, a clap of thunder boomed!
2. We were hiking in the forest _____ we saw a stranger creature.
3. I was dreaming about a princess and a dragon _____ my alarm beeped.
4. A sudden storm almost sank the ship _____ it was travelling across the ocean.
5. _____ the tourist was looking for his camera, the yeti disappeared.
6. _____ I was reading my books, it started to rain.
7. We were telling stories about fantasy creatures _____ we listened to strange sound in the backyard.
8. _____ they were hiking in the mountains; they saw big foot.