Al-Rashad Modern Schools
Girls Branch
Grade 8

Based on To The Max course book
School year 2020-2021
Unit 1 Family

# The Italian Family Today

**Reading.** Paragraphs 4 and 5

## Family meals

Eating as a family is considered important in Italy. Family meals tend to have a slight air of formality. The family will all sit down together on a table that has been carefully set with plates and cutlery and everyone is expected to maintain certain etiquette, such a keeping both hands on the table. Italians also have **taboos** when it comes to combining certain foods or consuming them at certain times of the day. For instance, a cappuccino should only be drunk with breakfast and not at any other time of day.

## Fashion

Italians are very proud of their fashion culture. Many Italian **perceive** a person's appearance to be a good indicator of their taste and social status. Italians like to dress elegantly in the city; flip flops and jogging bottoms are not appropriate. Choosing **attire** which reflects the season is also characteristic feature of Italian fashion. Older Italians might tend to were slightly warmer clothes than their European **counterparts**, in fear of catching a 'chill' ('frescata'). Florentines (residents of Florence) tend to wear more classic styles, preferring basic colours such as black, brown and white.

**Vocabulary**

| | | | |
|---|---|---|---|
| to be considered | أن تعتبر | social status | الحالة الاجتماعية |
| a slight air of | الهواء طفيف من | elegantly (adv) | بأناقة |
| formality | الشكليات | flip flops | شباشب |
| to be set | للإعداد | jogging bottoms | سراويل للجري |
| cutlery (noun) | السكاكين | appropriate (adj) | مناسب |
| certain (adj) | المؤكد | **attire** | ملابس |
| etiquette | آداب السلوك | to reflect | لتعكس |
| **taboo** | المحرمات | characteristic feature | السمة المميزة |
| when it comes to | عندما يتعلق الأمر | slightly | قليلا |
| to combine | جمع | **a counterpart** | النظير |
| to consume | تستهلك | in fear of | خوفا من |
| to be proud of | لتكون فخورا ب | to catch a 'chill' | "لالتقاط "البرد |
| **to perceive** | أدرك | a resident | مقيم |
| appearance | مظهر خارجي | classic style | النمط الكلاسيكي |
| indicator (n) | مؤشر | to prefer | تفضل |

Describe the differences between some older Italians and other European, in the way they dress. _____

Give an example of an Italian food taboo.

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