

## READING

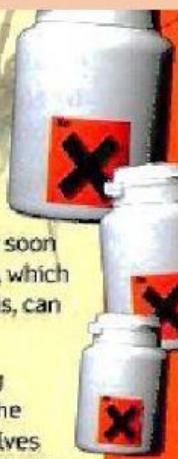
- Read the text and match the beginning with the ending of the sentences.

### Scared of spiders? Take this pill.

There are many different kinds of phobias and they affect at least a quarter of the population. But doctors believe that they may soon have a cure. They have discovered that a drug, which is given to patients suffering from tuberculosis, can also help people to overcome their phobias.

The normal treatment for people with strong phobias is some kind of exposure therapy. The most commonly used exposure therapy involves gradually exposing people to the object or situation that produces the fear. For example, if you have a dentist phobia, you might first sit in the waiting room of a dentist, then talk to the dentist, and then sit in the dentist's chair. These exposures are combined with relaxation techniques.

However, exposure therapy does not work for everybody, and doctors think that the new drug, which causes changes to a part of the brain which is used in learning and memory, could be used in the future to make this therapy more effective. Michael Davis at Emory University School of Medicine in Atlanta, Georgia did a study with 30 acrophobics – people who are scared of heights – and put them in a glass lift that appeared to go up and down. The people who were given the pill felt much less afraid than those who took a placebo.



Adapted from a British newspaper

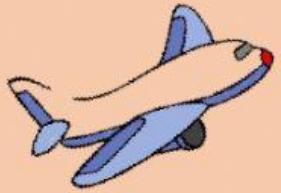
1. 25% of people	a- the ones who were given the pill were less afraid
2. A drug prescribed to patients with tuberculosis	b- could be used more effectively.
3. Exposure therapy is the normal treatment for	c- exposing people to the cause of fear.
4. Exposure therapy involves	d- have some kind of phobia.
5. Complementing that therapy with the new drug	e- can help overcome phobias.
6. In a study done with 30 acrophobics	f- strong phobias.

## USE OF ENGLISH

### Grammar: Present Perfect + for and since

A. Complete the spaces with the correct form of the verbs in brackets.  
Use Present Perfect and for / since to complete the sentences.

1. Jess \_\_\_\_\_ (not fly) on a plane \_\_\_\_\_ many years.
2. I \_\_\_\_\_ (not see) my parents \_\_\_\_\_ my birthday.
3. He \_\_\_\_\_ (not ride) a horse \_\_\_\_\_ he fell off one when he was twelve.
4. We \_\_\_\_\_ (have) our rabbit \_\_\_\_\_ six months.
5. My gran has agoraphobia. She \_\_\_\_\_ (not leave) the house \_\_\_\_\_ two years.
6. I \_\_\_\_\_ (be) afraid of dogs \_\_\_\_\_ I was very young.
7. Oliver is ill. He \_\_\_\_\_ (not eat) \_\_\_\_\_ two days.
8. We \_\_\_\_\_ (not be) back there \_\_\_\_\_ the accident happened.



B. Complete the text with for and since.



## A celebrity's life

### Kristen Stewart, actress

Kristen Stewart has been a famous actress<sup>1</sup> for about five years now. She has been an actress<sup>2</sup> since she was eight years old, when her agent saw her performing at school. Her first role was in a film where she didn't speak, but<sup>3</sup> then she has been in many films. She is probably best known for playing Bella Swan in *The Twilight Saga*, a part which she has played<sup>4</sup> for four years.

Kristen has lived in Los Angeles<sup>5</sup> since she was born. Because she was acting at a young age, she couldn't go to school, so she studied online.

<sup>6</sup> Then, she has completed high school. She is now one of the best-paid actresses in Hollywood. Something many people don't know about Kristen is that she has equinophobia, or a fear of horses. She has had this problem<sup>7</sup> for most of her life, but her fans have only known about it<sup>8</sup> since 2012, when she was filming with horses. Kristen explained that she has been scared of them<sup>9</sup> since she was nine years old, when she had a terrible fall during a horse-riding accident.