

Read the story about Natalie.

Does she have a typical day? Is it similar to your typical day? _____

CIRCUS LIFE

NATALIE IS TRAINING TO BE A TRAPEZE ARTIST. HERE, SHE TALKS TO US ABOUT LIFE WITH THE CIRCUS.

'I love living with the circus. I have a lot of fun, but I also work really hard. I work long hours and I don't have any free time at the weekend. I only have one day off a week when I can go out with my friends.

The day begins very early for the circus. I'm not a morning person - I hate getting up early. But I need to practise a lot because I'm still training. So, on a typical day, I get up at 6 a.m. and go jogging before breakfast. I practise for about eight hours every day, and then we do a show in the evening.

At midday, everybody eats together. It's really important to eat a big lunch because we don't have time to have dinner. After a show, I have a snack and go to bed, but I often can't sleep so I listen to music or read to relax.

On my day off, I often sleep all day. Sometimes I go to town with my circus friends and we go shopping, sit in cafés or go to the cinema.

I travel a lot with the circus. Every two weeks we move to a different city. I never sleep more than three nights in the same town. Sometimes I wake up and can't remember where we are! I miss my family and friends, but I never get lonely because I have a circus family now. The circus is full of wonderful characters. Circus people are really friendly, and a bit crazy, but they're hard-working and professional, too.

I want to be successful, but the job of trapeze artist is dangerous and bad for my body. I go swimming or do yoga as often as I can, and that's helpful.

The best thing is when I'm on the trapeze - I love seeing people's faces. One day, I hope to be a famous trapeze artist.'



Complete the sentences about Natalie.

1. Natalie wants to be _____
2. She loves _____
3. She only has _____
4. She hates _____
5. She practices _____
6. On her day off _____
7. With the circus she _____
8. She wants _____
9. She hopes _____

Ask 10 questions to the story about Natalie