

ACTIVITY 2

Now, can you help the colour monster to **WRITE** the actions of the feelings?
He's still confused!



BREATHE - GROWL - CLAP - STOMP - HUG - HIDE - CRY - FREEZE

1. When you feel **ANGRY**, you your feet.



2. When you feel **SAD**, you



3. When you feel **IN LOVE**, you a friend.



4. When you feel **SCARED**, you



5. When you are **CALM**, you slowly.



6. When you are **ANGRY**, you



7. When you are **HAPPY**, you your hands.

