

8 Healthy Body, Healthy Mind

LESSON
1

Words

1 Look and circle.



1. He has a sore shoulder / stomachache.



2. She has a cough / is sick.



3. He has a cold / toothache.



4. She has a cough / sore neck.



5. He has a cold / sore shoulder.



6. She has a sore neck / backache.

KIDS 03

2 Write *must* or *must not* and a verb in the box.

climb run take wear

1.



2.



3.



4.



Hey! You _____!

Excuse me, you _____

Hey! You _____

Stop! You _____

up there.

a shower before
you come in.

KIDS 03

3 Look and write.



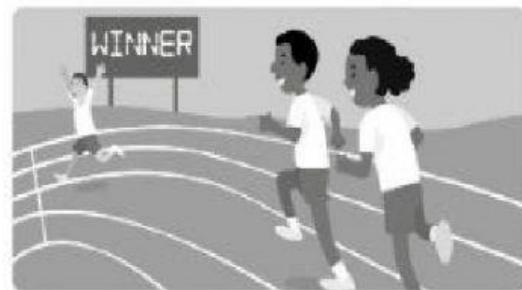
1. nice / ice cream / on hot, sunny days



3. healthy / some exercise / every day



2. fun / to school / with no friends



4. important / win all the time

LESSON 5 Phonics and Writing

1 Say the words with **ow** and **ou**. Circle the one that doesn't belong.
Listen and check.  TR: 33

1.



mouse



cloud



window



shower

2.



town



mountain



soup



towel

3.



playground



loud



cow



rainbow