

Activity 2 Listening Track 8

1 Listen to Sara talking about her routine. Is it a good daily routine? Why or why not?

2 Listen again and complete the text with the correct words.

I usually wake up late. I _____ quickly and have a shower. I don't eat breakfast. I run to school and sometimes I am late. I am hungry all day. After school, I walk home slowly with my friends. When I get home, I _____ on the sofa. I _____ the phone and I order a pizza. I turn on the TV and relax.

Activity 3 Practice

Find the verbs in the text and write the correct preposition to make phrasal verbs.

get up

wake _____

sit _____

turn _____

get _____

pick _____