

Part III. Listening Comprehension:

Listen to each recording and choose the correct answer.

1.

1. How many nuts do you need to eat to get health benefits?

- ☐ A lot of nuts every day.
- ☐ A big amount of nuts, walnuts, peanuts and chestnuts.
- ☐ You do not need to eat many nuts.

2. Eating nuts protects specially the health of _____.

- ☐ men.
- ☐ women.
- ☐ both men and women.

3. How many grams of nuts per day is enough to get the full health benefits?

- ☐ About 5.
- ☐ About 10.
- ☐ About 20.

4. Why is peanut butter not recommended?

- ☐ Because it contains added oils and sugars.
- ☐ Because it is more expensive.
- ☐ Because it is made from roasted nuts.

5. Walnuts are loaded with _____.

- ☐ antioxidants.
- ☐ vitamins.
- ☐ calories.

2. .

1. Petroleum was used in ancient times for making

- ☐ roads.
- ☐ cars.
- ☐ rolls.

2. Petroleum comes from the remains of

- ☐ ancient times.
- ☐ plants and animals.
- ☐ dinosaurs and other animals.

3. The modern history of oil started in

- ☐ 1800.
- ☐ 1850.
- ☐ 1980.

4. John D. Rockefeller entered the oil business in

- ☐ the early 1816.
- ☐ the early 1860s.
- ☐ 1870.

5. The company Standard Oil was divided into

- ☐ 24 companies.
- ☐ 34 companies.
- ☐ 54 companies.

3. .

1. Frostbite mainly happens on

- ☐ the legs.
- ☐ the lips.
- ☐ the ears.

2. If blood vessels are damaged, people can

- ☐ suffer an infection.
- ☐ remove fingers and toes.
- ☐ suffer hypothermia.

3. In the C.O.L.D. steps, the C stands for

- ☐ Cover.
- ☐ Cold.
- ☐ Caution.

4. _____ and cold weather are a bad mix.

- ☐ Wet clothes
- ☐ Warm clothes
- ☐ Itchy clothes

5. Snow can enter through

- ☐ the legs.
- ☐ the wrist areas.
- ☐ the arms.

4. .

1. Where was this lady born?

- ☐ India.
- ☐ England.
- ☐ USA.

2. How old is she?

- ☐ 87.
- ☐ 93.
- ☐ 97.

3. She has been teaching yoga, full-time, since _____.

- ☐ 1957.
- ☐ 1963.
- ☐ 1967.

4. Even when she was ____, she won dance competitions.

- ☐ 65.
- ☐ 75.
- ☐ 85.

5. What is she going to do when she retire?

- ☐ She will not retire.
- ☐ She will travel around the world.
- ☐ She will write a book.

5.

1. The International Year of the Potato is

- ☐ 2008.
- ☐ 2009.
- ☐ 2010.

2. How many potatoes has produced the world last year?

- ☐ 320 tons.
- ☐ 320,000 tons.
- ☐ 320,000,000 tons.

3. The top producer is

- ☐ Russia.
- ☐ China.
- ☐ India.

4. This season India produced

- ☐ 8 million tons.
- ☐ 80 million tons.
- ☐ 800 million tons.

5. The first potatoes appeared in Peru

- ☐ more than 700 years ago.
- ☐ more than 7,000 years ago.
- ☐ more than 1,000 years ago.

6.

1. How many hours per week of physical activity should elementary schools in the US give?

- ☐ two hours.
- ☐ two and a half hours.
- ☐ four hours.

2. How many hours per week of physical activity should high schools in the US give?

- ☐ four hours.
- ☐ two and a half hours.
- ☐ two hours.

3. In 2006 a study found that _____ of elementary schools provided daily physical education all year for all grades.

- ☐ 0.4%
- ☐ 4%
- ☐ 14%

4. The study also found that _____ of all schools did not require students to take any P.E.

- ☐ 8%
- ☐ 20%
- ☐ 22%

5. All parents like the idea of competitive sports in P.E. class.

- ☐ True.
- ☐ False.
- ☐ The author doesn't say.

7.

1. According to the article, there are two methods of studying a foreign language. What happens in the 'explicit method'?

- ☐ Students do not study grammar rules.
- ☐ Students talk with native speakers.
- ☐ Students are taught a lot of information about grammar rules.

2. What happens in the 'implicit method'?

- ☐ Students are taught a lot of information about grammar rules.
- ☐ Students talk to native speakers and absorb the language that surrounds them.
- ☐ Students are in a traditional classroom.

3. The professor says that combining the two methods is the best way to learn.

- ☐ True.
- ☐ False.
- ☐ It's not said on the text.

4. The adults in the experiment learned an invented language of

- ☐ 13 words.
- ☐ 30 words.
- ☐ 33 words.

5. The immersion group was able to use grammar as if they were native speakers.

- ☐ True.
- ☐ False.
- ☐ It's not said on the text.

8.

1. What time does Heather's brother arrive in town?

- ☐ 7pm Thursday
- ☐ 9pm Tuesday
- ☐ 8pm Tuesday
- ☐ 8pm Thursday

2. What are they going to do on Thursday evening?

- ☐ Go to restaurant
- ☐ Stay at home
- ☐ Go to visit friends
- ☐ Go to Melbourne

3. How long is Terry going to stay with her?

- ☐ Two weeks
- ☐ Until Friday
- ☐ Until Monday
- ☐ A week

4. What are the plans for Friday afternoon?

- ☐ Lunch at restaurant
- ☐ Picnic at beach
- ☐ Picnic in countryside
- ☐ Swimming at beach

5. What surprise does Heather have for her brother?

- ☐ A basketball match
- ☐ A party

- ☐ A fishing trip
- ☐ Meeting a famous person

9. .

1. Henrietta is on the train because

- ☐ she wanted to meet Alan
- ☐ she's going to work
- ☐ she's visiting a relative

2. Where did Alan go to college?

- ☐ in Amsterdam
- ☒ in Rita's hometown
- ☐ we don't know

3. Who was he in Brussels with?

- ☐ a relative
- ☐ a friend
- ☐ a colleague

4. Where did Alan find out about good accommodation?

- ☐ from a book
- ☐ from a website
- ☐ from a friend

5. When are the two friends going to meet?

- ☐ quite soon
- ☐ they couldn't decide
- ☐ they didn't speak about it