LISTEN TO THE AUDIO AND CLICK ON THE FALSE SENTENCES .

1 Fauja ran marathons when he was young.
2 He didn't walk before the age of five.
3 He had a lot of problems on his family's farm.
4 His happy life continued after he had a family.
5 He left India.
6 He stopped after his first marathon.

Put sentences a–d about the story in the correct order without looking at the review. Compare your answers with a partner.

a The women talked about how healthy and fit they were. ☐
b The women lived normal lives. ☐
c The women used their phones to check their sleep. ☐
d The scientist gave the women some equipment. ☐

Mark the sentences T (true) or F (false)

a- The programme wasn't about health apps ☐
b- Baline Priece didn't lend the women a gadget to count their steps. ☐
c- The women used the gadget to check their exercise. ☐
d- Scientists also checked their sleep by putting a tablet on the women´s bed. ☐
e. At the end, women lost weight ☐

Technology to make you healthier

The programme was about apps and gadgets that check our health and daily exercise. In the programme, three female office workers used this new technology for three weeks. What did they do and did it work?

Firstly, university scientist Blaine Price lent the women a gadget to count their steps, and a specially-programmed smartphone to check their sleep.

After that, the women went back to their normal lives and used the gadget to check their exercise. At the end of each day, the scientist sent them an email with the number of their steps. At the beginning they only took 5,000 steps, but the target was 10,000 a day.

Next, they checked their sleep. Every night, they put the smartphone on their bed when they went to sleep. The next morning, they looked at the phone and saw the number of hours they slept, and how deeply.

Finally, the three women and Blaine met again to talk about their progress. All the women said they were healthier and fitter, and one said she ran when she watched TV. They all lost weight, and they all understood better why and when they slept well.

So the programme showed that new gadgets and technology can help us change our routine and

Choose the correct form.

1 Martine is at the newsagent's. She *buys* / *'s buying* a newspaper.
2 *Could* / *Can* you drive when you were seventeen?
3 I'm sorry I *couldn't* / *can't* phone you yesterday. I didn't have my phone.
4 Jim's car is at the garage so he *takes* / *'s taking* the bus to town today.
5 I can't talk to you now – I *'m working* / *work*.
6 You *can* / *could* use credit cards in most shops now.
7 We *don't usually pay* / *'m not usually paying* for things with cash.
8 **A** Mark's in the kitchen.
B What *does he cook* / *is he cooking*?
9 Tanya was busy and she couldn't *to go* / *go* to the meeting.
10 My children *don't like* / *aren't liking* their new teacher.

Complete the conversations with words from the box.

baker's bit blue discount glasses gloves ~~money~~ really return sales shoes top

1 **A** How much _money_ do you spend on clothes?
B I don't spend a lot – I usually buy my clothes in the _____.
2 **A** This red dress is _____ nice.
B I prefer the _____ one.
3 **A** I bought these designer _____ online, but I can't walk in them.
B Can you _____ them and get your money back?
4 **A** I like the _____ you're wearing.
B Thanks – I bought it last week. It was cheap because I got a 40% _____.
5 **A** My hands are a _____ cold.
B Why don't you wear your _____?
6 **A** Is that a _____ over there? I need to buy some bread.
B I don't know. I can't see what the sign says without my _____.

Complete the sentences with the correct form of the verbs in brackets .

1. _____ you often _____ (write) e-mails to your friends? No, I _____.

2. _____ your father _____ (take) the train to work? Yes, he _____.

3. I _____ (not/understand) what you are saying.

4. At the moment I _____ (read) an interesting comic, I _____ (not/do) my homework.

5. Mike _____ (play) Farmville on the computer now. Every day he _____ (grow) many new vegetables and fruits.

6. This morning he _____ (pick) his latest crop. Then he usually _____ (sell) them at the market. But today he _____ (not/pick) any crops because they aren't ready.

7. The sun always _____ (shine) in Greece in the summer. In Greek summer _____ (mean) good weather.

8. However now it is November and today the sun _____ (not/shine). _____ it _____ (rain) in the winter in your country?

9 She _____ (go) to Australia in 1994 and she liked it very much.

10 My father usually _____ (like) his steak well-done.

11 The dog _____ (eat) its toy last night.

12 The policeman _____ (talk) to the burglar yesterday.

13 _____ (you /have) a test last week?

14 I often see her mother but she never _____ (speak) to me.

15 The gentleman _____ (speak) to his servant 2 hours ago.

16 The kangaroo always _____ (carry) its baby.

17 My friend _____ (talk) a lot every day.

18 . The man _____ (drive) to the supermarket last weekend.

19 . My brothers _____ (leave) for England last week.

20 . My sisters _____ (leave) for England every year in June.