



PERU

Ministerio
de Educación

APRENDO

EN CASA

Educación Primaria

English: Level Pre-A1

WEEK 4

My foods and drinks*

Actividad 1

"My superfoods"



LET'S SELF-ASSESS!

¿Puedes realizar una presentación oral en inglés, mencionando los superalimentos que te gustan y consumes regularmente? Aquí no hay respuestas correctas o incorrectas, lo importante es responder con honestidad. No es necesario que imprimas esta actividad, puedes señalar tus respuestas con tu dedo, según corresponda.



	Criterios	No	Si
1.	Leo y comprendo un texto breve en inglés donde dos personas mencionan los superalimentos que les gustan y consumen regularmente.		
2.	Relaciono las palabras en inglés con las imágenes de los superalimentos que las representan.		
3.	Realizo una presentación oral en inglés, mencionando los superalimentos que consumo regularmente.		

KEY WORDS

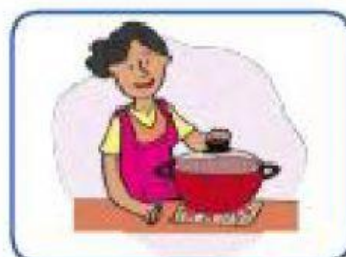
people



market



grow



mom



buy



food

LET'S WARM UP!

Match the words with the pictures. Write your answers in your notebook. Follow the example.



Example:

potatoes

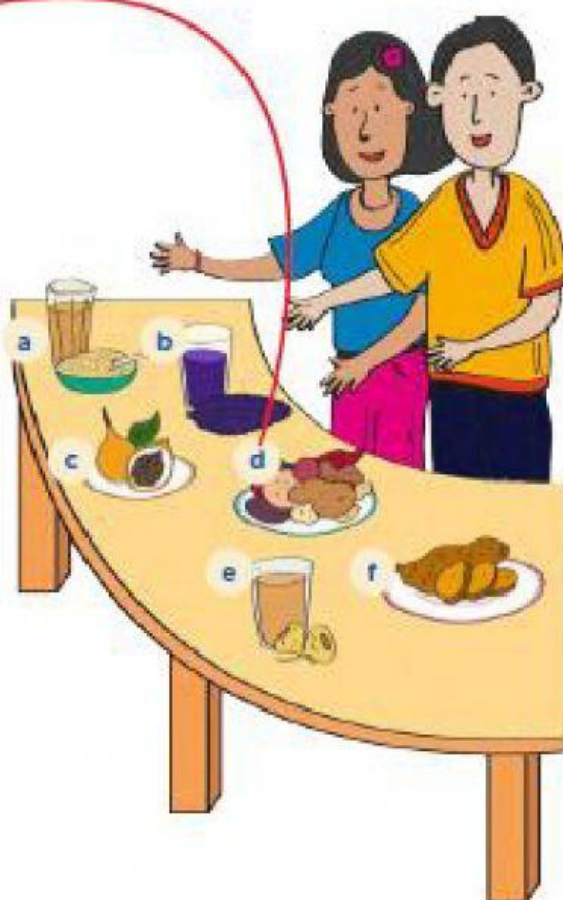
1 granadilla

2 maca

3 sweet potato

4 quinoa

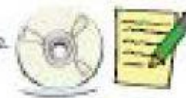
5 purple corn



LET'S OBSERVE AND READ!

Look and complete. Write your answers in your notebook. Follow the example.

Listen and repeat.



Superfoods

1 potatoes

4 soursop (Example)

7 quinoa

10 granadilla

2 maca

5 spinach

8 broccoli

11 papaya

3 avocado

6 sweet potato

9 olives

12 tangerine



soursop

(Example)



1. b _ _ _ _



2. a _ _ _ _



3. s _ _ _ p _ _ _



4. q _ _ _ _



5. p _ _ _ _



6. t _ _ _ _



7. g _ _ _ _



8. m _ _ _ _



9. s _ _ _ _



10. p _ _ _ _



11. a _ _ _ _

Listen and read the conversation.



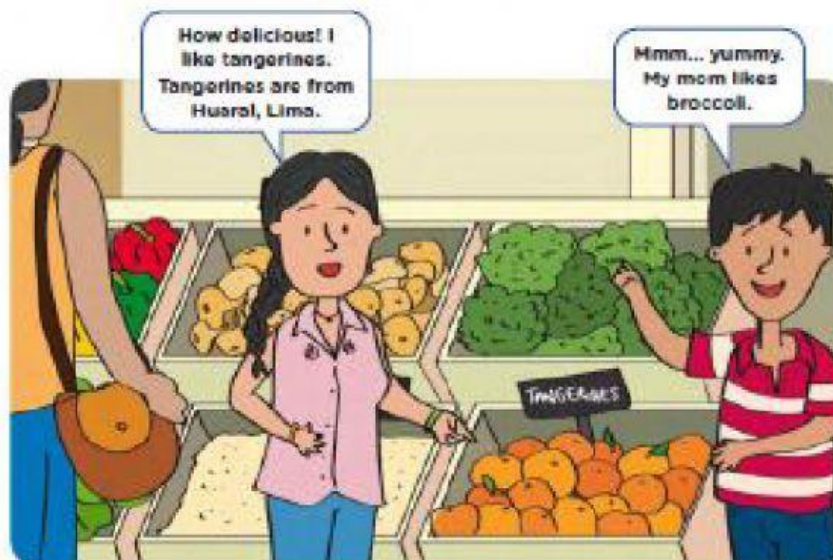
- 1 Alex and Sara are talking on the phone.



- 2 Superfoods are good for people.



3 Sara likes maca and Alex likes quinoa.



4 Sara likes tangerines. Alex's mom likes broccoli.



5

Superfoods contain protein and vitamins.



6

Sara and Alex like superfoods. Superfoods grow in Peru.

LET'S UNDERSTAND!

Exercise 1: Look at the pictures. Read the sentences. Circle Yes or No. Write your answers in your notebook. Follow the example.



Example:

Hamburgers and soda are superfoods.

Yes - ☒ No



1 Superfoods are good for people.

Yes - ☐ No



2 Maca contains protein and vitamins.

Yes - ☐ No



3 Quinoa is from Lima.

Yes - ☐ No

Exercise 2: Complete the sentences with the words from the box. Follow the example. Write your answers in your notebook.



quinoa



tangerines



maca



broccoli

(Example)

Example:

Alex's mom likes broccoli.

1. Alex likes _____.

2. Sara likes _____.

3. _____ are from Huaral, Lima.