GENERAL KNOWLEDGE: EAT RIGHT, STAY FIT!

1. **Read the article again. Match the questions (1-15) with the paragraphs (a-e). Which paragraph mentions:**

Achieving fame very quickly?	C
Purchasing fashionable items of clothing?	
Opening new restaurants abroad?	
Being unaware of the contents of some food products?	
Struggling alone to change a bad situation?	
Resisting peer pressure?	
Being "discovered" by someone in the media?	
Instructing a group of unemployed youths?	
Being unable to reserve a place in a restaurant?	
Choosing a career?	
Taking a job to point out the dangers of some food?	
Producing meals that are not too difficult to cook?	
Behaving in a relaxed and humorous way?	
Behaving badly towards other workers?	
Helping a family member to prepare food?	

2. **Find words in the article that match these meanings.**

• Unimaginable (paragraph A)	
• Did something publicly to change something (paragraph A)	
• Stop (paragraph A)	
• Most fashionable (paragraph B)	
• Not fussy (paragraph C)	
• Incredible (paragraph C)	
• People who are taught and help by someone more experienced (paragraph D)	
• A course where you learn a lot in a short time (paragraph D)	