



PERÚ

Ministerio
de Educación

GRE La Libertad

UGEL
Sánchez CarriónI.E. San Nicolás
HuamachucoAPRENDO
en casa**ENGLISH: Level Pre A1****WEEK 11****Let's protect our mental health!****ACTIVITY 1****Mental Health!****Let's learn! - IMPERATIVES****Group 1 (Sin adverbio)****Verbo + sustantivo****Play** sports.**Sleep** 8 hours.**Express** your feelings.**Have** fun.**Group 2 (Con adverbio)****Verbo + sustantivo + adverbio****Play** sports **regularly**.**Always** **sleep** 8 hours.**Always** **express** your feelings.**Have** fun **every day**.**Let's Practice!****Exercise 1****Unscramble** the sentences to give tips for a good mental health. Follow the example.Example:

love yourself!

Always



Always

love yourself!

1.

to friends

every day.

Talk



2.

regularly.

Exercise



3.

positive!

think

Always



4.

every

fun

day.

Have



5.

your

express

Always

feelings!





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en casa**Exercise 2****Discover** the missing letters and learn more tips to protect our mental health.
Follow the example.

1	2	3	4	5	6	7	8	9	10	11	12	13
A	B	C	D	E	F	G	H	I	J	K	L	M
14	15	16	17	18	19	20	21	22	23	24	25	26
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

1 Four - fifteen

❖ **DO** what makes you happy.2 nineteen - sixteen
fifteen - eighteen
twenty - nineteen❖ Play regularly3 twenty - fifteen
twenty-two - five❖ Always yourself.4 twenty - eight
nine - fourteen
eleven❖ positive everyday.5 fifteen - twenty
eight - five
eighteen - nineteen❖ Be there for .6 three - one
eighteen - five❖ Always for animals.7 eight - one
fourteen - four❖ Lend a .8 twenty - eight
one - fourteen
eleven❖ Always say you.9 three - eight
one - twenty❖ to a friend.10 six - twenty-one
fourteen❖ Have every day.