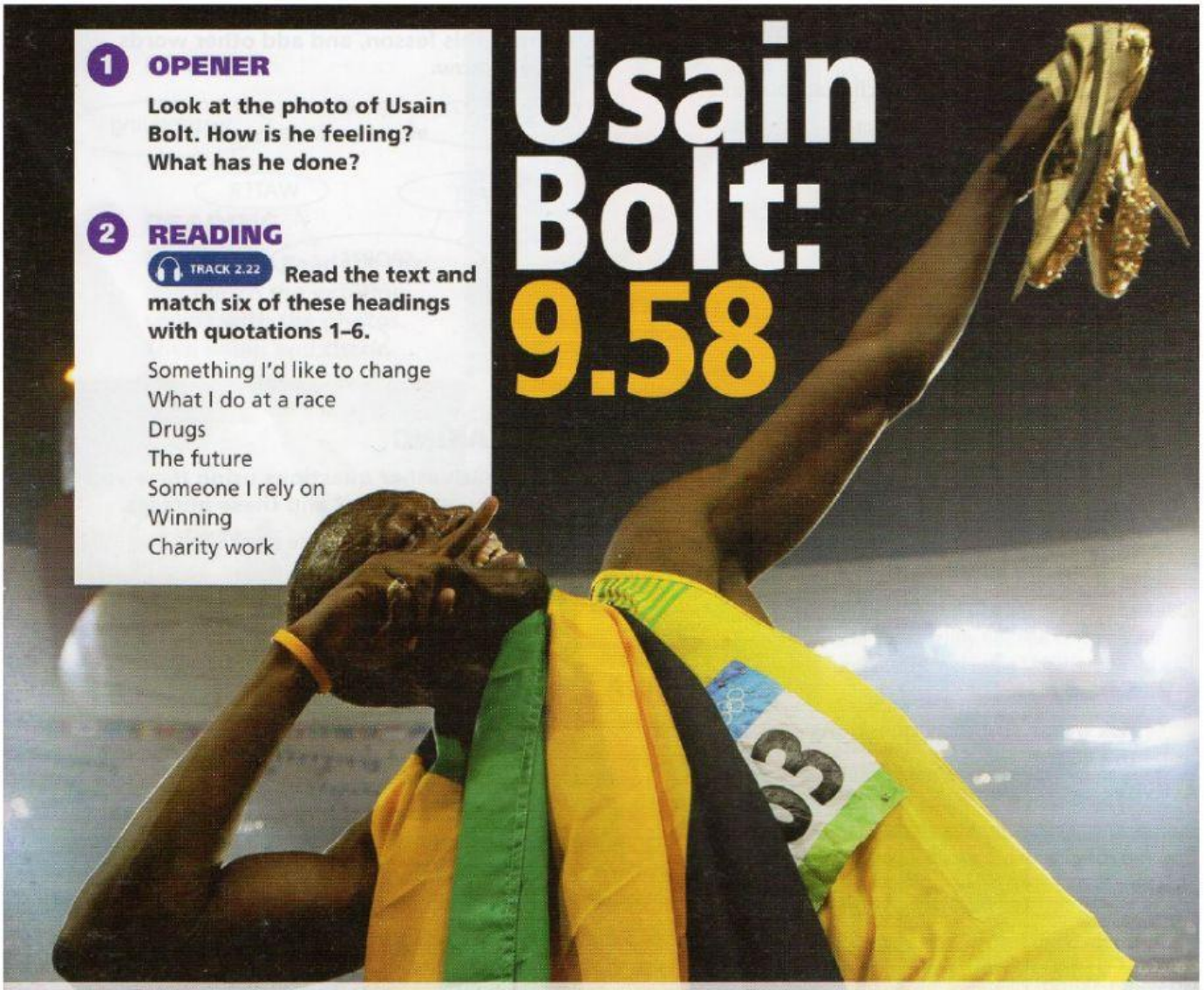
READING



Usain Bolt: 9.58

1 OPENER

Look at the photo of Usain Bolt. How is he feeling? What has he done?

2 READING

TRACK 2.22 **Read the text and match six of these headings with quotations 1–6.**

Something I'd like to change
What I do at a race
Drugs
The future
Someone I rely on
Winning
Charity work

Usain Bolt was born in Trelawney, Jamaica in August, 1986. At the 2008 Olympics® in Beijing he won three gold medals (100 meters, 200 meters and 4 x 100-meters relay). He set a new world record in each event. In 2009 at the World Championships in Berlin, he set new world records in both the 100 meters (9.58 seconds) and 200 meters (19.19 seconds). He successfully defended all three of his Olympic® titles at the 2012 Games in London. In his autobiography, *Usain Bolt: 9.58*, he talks about his life.

1 _____

"I've won hundreds of medals since I was at school. It's special when you win your first one, but after a while the novelty wears off. It's not the piece of metal that matters, it's the achievement itself. I don't need to see the medals to know I won, and I don't have to show them to anyone to prove it. Everybody knows."

2 _____

"My best friend in the world is still NJ, or Nugent Walker Junior. We've been friends ever since we met on the first day of primary school and I can't remember ever falling out with him. We hit it off straight away and now he's my personal assistant, someone I can turn to at any time of day or night, who is always, always there for me."

3 _____

"I don't worry about who I'm racing against or what's going to happen. I just go out there, entertain the crowd, and win."

4 _____

"I'd like to cut out the habit of looking around me as I run, because I know it would improve my times. It's a bad habit I've had since high school."

5 _____

"My fame gives me an opportunity to help those who are less fortunate and assist other charitable agencies. I've been involved in a number of projects including work in the health, education, community development, and sports sectors."

6 _____

"My attitude to drugs has always been to stay away from them. I tried a cigarette when I was 13 years old, but I've never touched one since. I've had to do drug tests for years—I had my first drug test in Miami just before I was 17. I'm tested after every race, and every day I have to tell the authorities where I'm going to be, in case they want to do a test."

AFTER READING

I. READ THE TEXT AND WRITE T (TRUE) or F (FALSE).

a. Usain Bolt was born in Beijing, China. .....

b. Usain Bolt who, is Jamaican, is a famous sprinter too. .....

c. Nugent Walker Junior, who is Bolt' assistant, is his best friend too. .....

d. He worries about who he is racing against. .....

e. His fame gives him the opportunity to get the best houses and cars. .....

f. Usain Bolt prefers to stay away from drugs. .....

II. CHOOSE THE CORRECT ANSWER FROM THE FOLLOWING QUESTIONS.

1. How many medals did Usain Bolt win at the 2008 Olympics?

2. How many medals has he won since he was at school?

3. How long has he known his personal assistant?

4. Why would he like to get rid of a bad habit?

5. What does being famous give him a chance to do?

6. What happens to him after every race?

III. WHAT ABOUT YOU?

1. What do you admire about Usain Bolt?

2. What does it take to be a successful athlete?

3. In your opinion, what great responsibility does Usain Bolt have for being famous?