

| <i>The idiom</i>                                     | <i>What it means</i>                                                                   |
|------------------------------------------------------|----------------------------------------------------------------------------------------|
| A bird in the hand is worth two in the bush          | To manage by yourself without the help of others                                       |
| To be caught between the devil and the deep blue sea | To be passive/ to prefer to let someone else take responsibility or be in charge       |
| The world's your oyster                              | To be in a difficult situation where neither of your options is pleasant               |
| To rub someone up the wrong way                      | To be doing the wrong thing for the result you want                                    |
| To grab the bull by the horns                        | You are in a lucky position to freely choose whatever you want to do next              |
| To strike while the iron is hot                      | If you're prepared, you'll get the benefit of your efforts more quickly                |
| To take a back seat                                  | It's better to keep what you have than risk it trying to get even more                 |
| To turn over a new leaf                              | To react to someone's words or a situation that is designed to cause a reaction in you |
| To be barking up the wrong tree                      | It's not something I really enjoy                                                      |
| To rise to the bait                                  | To be stupid (jokey phrase)                                                            |
| It's not my cup of tea                               | To change your habits for the better                                                   |
| The early bird catches the worm                      | To meet a challenge head on and deal with it                                           |
| To be a lone wolf                                    | To act when you have the motivation or ability to do something you want to do          |
| To be talking out of your backside                   | To talk rubbish                                                                        |
| To roll with the punches                             | To do something that irritates someone (on purpose or accidentally)                    |
| To be a sandwich short of a picnic                   | To appear harmless while actually being a threat or danger                             |
| To blow your own trumpet                             | To be resilient in the face of difficulty                                              |
| To be a wolf in sheep's clothing                     | To be restless or nervous                                                              |
| Like a cat on a hot tin roof                         | To enjoy the benefit of your hard work                                                 |
| To enjoy the fruits of your labours                  | To praise yourself in front of others                                                  |