

- Classify the words in the box under into healthy and unhealthy
(Clasificar las palabras en el cuadro de abajo en: saludable o no saludable)

pizza - flour - fries - hamburger - sandwich - pancake - chocolate volcano - cake - ice-cream
 - salad - soup - breadsticks - onion rings - mashed potatoes - spaghetti - chicken -
 mozzarella sticks - brownie - barbecue - cheese - egg - oil - salt - lettuce - water - soda -
 juice - candy

<u>HEALTHY</u>	<u>UNHEALTHY</u>

- Read the blog. Choose the correct word. (*Leer y elegir la palabra correcta*).

Easy menu blog

Hi. Here are my new ideas for a tasty menu.

First, I've got some snacks. I love something salty like **spaghetti/breadsticks** and something sweet like **chocolate volcano/ice-cream**.

After that, I've got these fun **salad/soup** for the starter (an idea from the internet).

Next is the main course. Today it's **mozzarella sticks/pancake** with olives and red peppers. I love making these. They are easy to cook and you can have them with **barbecue/water**.

Finally, my favourite: dessert! There's **hamburger/brownie** with **ice-cream/salt**. I like this because there aren't many ingredients and it's easy to make. Just buy the "Exquisita: brownies", **eggs/chicken**, **water/juice** and **oil/butter**. Then serve with ice-cream. Mmm! Delicious!

Enjoy your meal! And join me next month for another easy menu.

