FROM THE WORLD TO OUR TABLE

Match the two halves of the ideas

1. Buying food from a local market is good	A. because it doesn't travel long distances.
2. Most people buy their food	B. before it goes to supermarkets.
3. Companies process and package food	C. from all around the world.
4. Food labels can give you information about	D. in supermarkets or grocery stores.
5. Nowadays we can eat food	E. is called 'food miles'.
6. The distance that food travels to get to us	F. pollution.
7. The transportation of food causes	G. that are not good for our health.
8. Refrigerating food also	H. to save energy when we choose our food.
9. Food sometimes has chemicals	I. uses energy.
10. We can do different things	J. where that food comes from.

