


Reading – An epic adventure

(adapted from SB page 30 and WB page 28)

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Follow the dream
Hey! Do you dream of exotic places? Of trips to distant deserts and mountains? Do you dream of adventure? Well, Liz Clark has been living that dream, and I've been following her inspirational blog.

When Liz finished university in California, she wasn't sure about her future. Then one day she met one of her old professors and he offered to lend her his yacht for as long as she wanted it.


Over the next three years, Liz learned to sail – and in October 2005, she set off on her journey. It was hard for Liz to leave behind her friends and family, but over ten years and more than 25,000 miles later, she's still travelling. She's been to so many fascinating places. Among other countries, she has stopped off in Mexico, Costa Rica, Panama and the Galapagos Islands.

During the day, Liz sails, cooks and maintains the yacht. When she stops somewhere, she surfs, does yoga and writes her blog. Adverts on Liz's blog have been paying for her trip, and from her photos it looks like she's been having a fantastic time. There are beautiful beaches, and there's crystal clear water and perfect surf.

But life on the ocean can also be difficult. 'It feels so great to inspire others to live their dreams,' says Liz, 'but it's impossible to explain to them what this life is really like; I've worked hard and it hasn't always been easy or fun.'

She also gets very lonely, and though the kindness of strangers helps her to keep going, she's looking for some company on the boat to stay with her as she carries on her journey around the world. Liz, I think I'll join you! Does anyone else want some adventure?

23rd March, 3.29 p.m.



1) Read and answer:

Who is writing? Why?

Who is the author writing for?

How long has Liz Clark been travelling?

How did she get her yacht?

Why does Rachel offer to join Liz on her journey?

2) Decide if these sentences are true or false.

- Liz spent two years learning to sail.
- She found it difficult to say goodbye.
- There are some problems when Liz is at sea.
- Liz never feels alone.

3) Look up these words in a dictionary and transcribe their definition. (Las definiciones deberán ser en inglés. No es lo mismo una traducción).

✓ *Set off*

✓ *Leave behind*

✓ *Stop off*

✓ *Stay with*

✓ *Carry on*

4) Complete the sentences with the words.

CARRY ON – LEAVE BEHIND – SET OFF – STOP OFF

- a) When do you _____ on your trip?
- b) Do you need to stop, or can you _____ ?
- c) On the way home, we'll _____ at the shops.
- d) It's hard to _____ your family and friends.